

Preparing for Final Exams

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Agenda

- Welcome
- Timeline to Finals
- Where do I start?
- 5 Day Test Prep
- Focused Study Sessions
- Things to Think About
- Questions



Timeline To Finals

- Today: November 19
- LDOC: November 20 (tomorrow!)
- No Classes: November 23-24
- Thanksgiving Holiday: November 25-27
- (Virtual) Study Days: November 30-December 1
- First Day of Finals: December 2
- Last Day of Finals: December 9
- Grades Due: December 16



Where Do I Start?

- Finals can feel overwhelming- this is normal!
- We have some time, so planning is a great place to begin.
- Think about:
 - What assignments do you have left?
 - What are the due dates?
 - What is your final exam format?
 - What time are your finals?
 - Finals are in Furman time, so if you are outside the east coast, you need to adjust!



5-Day Test Prep

- Check out our presentation on Learning Strategies
- Utilizing metacognition is key! Know the material well enough to teach it to others, not just earn a grade.
- Study early, study often.
- Follow 5-Day Test Prep as a guide.



Focused Study Sessions

Focused Study Sessions

Focused study sessions are designed to work with the way your brain works best; in increments.

Plan: Decide what you will accomplish in your study session and get started. (1-2 minutes)

Study: Interact with the material: organize, concept map, summarize, work problems. (30-50 minutes)

Break: Step away from your material to clear your head. (5-10 minutes)

Recap: Go back over, wrap up, check what you studied. (5 minutes)

Choose:

Should I continue studying? Take a break? Change tasks or subjects?

Things to Think About

- What do you need to be successful?
 - How can you set yourself up for success?
- Know what resources are out there for you:
 - Workshops
 - Handouts
 - Apps from Counseling Center
 - Academic Coaches



GOOD LUCK!

- Congratulations on getting to this point in the semester!
- Do your best, and enjoy your time off- we look forward to seeing you in the spring!

YOU CAN DO HARD THINGS!



Questions?

- <https://www.furman.edu/academics/center-academic-success/tutoring/> (PAL)
- <https://www.furman.edu/academics/center-academic-success/writing-resources/> (WML)
- <https://www.furman.edu/academics/center-academic-success/academic-assistance/workshops/> (Old workshops)
- <https://www.furman.edu/academics/center-academic-success/academic-assistance/study-tips-resources/> (Tips and resources)

