

# Transitioning "back" to Remote Learning

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# Agenda

- Welcome
- End of semester important dates
- Your needs as a student
- Navigating difficult conversations
- Campus Supports
- Questions



# End of Semester Important Dates

- 11/5: Today
- 11/20: LDOC (last day of classes)
- 11/21: Residence Halls Close
- 11/23-24: No classes
- 11/25-29: Thanksgiving Holiday
- 11/30-12/1: Virtual Study Days
- 12/2-12/9: Virtual Final Exams
- 12/16: Final Grades Post



# Your Needs as a Student

- Think about...
  - How do you study on campus?
  - Where do you study?
  - Can you be interrupted?
  - Who is home?
  - Do you have dedicated workspace?
  - Setting Boundaries



# Your Needs as a Student

- More things to think about and consider...
  - How can you set a predictable routine?
  - Who can/will keep you accountable?
    - Family, friends, campus supports?
  - How will you stay engaged?
    - When do you work best?
  - How will you engage in self-care?
    - Exercise? Reading for enjoyment?



# Navigating Difficult Conversations

- School at home is hard!
- You may have to have a conversation with the individuals you are living with about your schedule for finals.
- It's challenging for EVERYONE, be polite, and understanding to concerns.

YOU CAN DO HARD THINGS!



# Campus Supports

- Finals can be stressful- take care of yourself!
  - Check out our previous workshops
- Counseling Center
  - Great resources on their website
  - TAO
- Center for Academic Success
  - Check in with an academic coach
  - Workshops are posted



# Questions?

