

celebrating
30 years

Lifelong Learning Institute at FURMAN

March 20-May 12, 2023 | Spring Schedule

furman.edu/olli | 864.294.2998



Join our senior learning community at Furman. *Where Learning Never Retires*

All OLLI members are cordially invited to the

Back to OLLI Spring Reception

Thursday, March 16 | 3-4:30 p.m.

Furman University, Herring Center

New Member Orientation, 2:30 p.m.

Register Online!

Registration begins at 8 a.m.

Feb. 21 for course package holders

Feb. 23 for single-course purchases

furman.edu/olli

Registration form p. 38

WELCOME to the Spring Term at OLLI!

I am currently serving on a state task force, convened by the SC Institute of Medicine and Public Health, to look at the issue of social isolation in older adults. As we examine this issue, we are learning about the health risks associated with social isolation, and will ultimately make recommendations for change. Did you know that a lack of social connection can affect your health as much as smoking 15 cigarettes a day?

I've long believed that, while our courses are very important, it's the social connections that make OLLI special. My experience on this task force has just cemented that belief, and so I'm grateful that so many of you join us each term for engaging courses, Friday events, social opportunities, and visits in the Manly Lobby. And I hope you'll share information about OLLI with your friends and neighbors, especially those who may be experiencing social isolation. If cost is an issue, we have scholarships available. OLLI is an option for everyone.

As you look through this brochure, I think you will find plenty to keep you engaged and connected. You'll see some old favorites as well as brand new offerings. I'd love to hear what you think about the courses, and I'd especially enjoy hearing about new friends you've made at OLLI.

I look forward to seeing you soon!

Nancy

Cover photo by Jim Carroll. Other photo contributors include Nell Kennedy, Kate Deveix, Gordon Dohm, Lois Fink and Julie Martin. All photos were taken as part of our Fall '22 Nature and Landscape Photography class.

Furman's COVID-19 guidelines and protocols are outlined on the Earle Student Health Center website (www.furman.edu/offices-services/student-health-center). Furman strongly encourages members of our community to receive the COVID-19 vaccination and stay current with boosters as recommended by your health care professionals.



Important Dates for 2023

February 21.....	Spring Term registration for course package owners
February 23.....	Spring Term registration for single course purchasers
March 6	Last day of Winter Term classes
March 16	New Member Orientation
March 20	First day of Spring Term classes
April 7	No class—Good Friday
May 2	Summer Term registration for all
May 12.....	Last day of Spring Term classes
May 16.....	OLLI Celebration Luncheon
June 6.....	First day of Summer Term classes
June 30.....	Last day of Summer Term classes

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Best Way to Register

- ONLINE:** Go to furman.edu/olli and click on the Registration link. (If you are new to OLLI, create a new account.) Your user name may be your firstname.lastname or one you created. Type in your user name and password to access your account. Click on Forgot Password to create a new one and access your account. (credit card only)
- IN PERSON:** On registration day, go to the OLLI Office on the Furman campus, 3300 Poinsett Highway, Greenville. The OLLI office is located in the Herring Center for Continuing Education. You will be registered immediately. (cash or check only)
- BY MAIL:** Send your completed registration with payment (check made out to Furman University) to OLLI @ Furman, 3300 Poinsett Highway, Greenville, SC 29613. (check only)

Forms that are mailed in or dropped off will be processed after all walk-in customers are assisted.

Membership Fees

To participate in any OLLI course, trip, or event, you must first join OLLI @ Furman for the academic year. The cost of \$65 covers copies, coffee, computer lab, parking, lifeguard, bonus trips, seminars, software, and other incidental fees incurred by the program during the year. Once you have joined, you then have a choice of purchasing individual courses or a package of courses at a lower per-course cost that can be used over the three terms of the academic year (Sept.-May).

Individual courses	\$55 (\$35 for shorter courses)
6 courses annually.....	\$240
9 courses annually.....	\$315
15 courses annually	\$375

Courses at a glance Spring 2023

Arts, Culture, Literature & Music

- ACLM101** Acrylic Painting (M, 1 p.m.)
ACLM109 Write Life (Th, 10:45 a.m.)
ACLM119 Introduction to Great Books (M, 3:15 p.m.)
ACLM120a Let's Read and Talk (Tu, 9 a.m.)
ACLM120b Let's Read and Talk (Tu, 9 a.m.)
ACLM132 Botticelli's Secrets (Th, 1:30 p.m.)
ACLM138 Music, Poetry & the Human Condition (W, 10:45 a.m.)
ACLM144 Shakespeare (Tu, 10:45 a.m.)
ACLM159 Fiction Writing II Workshop (M, 1:30 p.m.)
ACLM168 Flannery O'Connor (M, 10:45 a.m.)
ACLM173 Seven by Sondheim (Th, 9 a.m.)
ACLM186 Guitar III (Tu, 9 a.m.)
ACLM191 Ukulele 101 (M, 9 a.m.)
ACLM250a Experienced Writers (W, 10:45 a.m.)
ACLM250b Experienced Writers (Th, 10:45 a.m.)
ACLM272 Woody, Pete & Arlo (Tu, 9 a.m.)

Current Events & Business

- CEB1706** Foundations of Investing (Tu, 1:30 p.m.)
CEB1707 Retirement Wealth Management (W, 10:45 a.m.)
CEB1709 Women & Wealth (Tu, 3:15 p.m.)
CEB1736 Grazing Greenville (W, 4:30 PM)
CEB1742 Impacts of Income Inequality (M, 9 a.m.)
CEB1761 Great Decisions 2023 (Th, 10:45 a.m.)

Health, Fitness & Exercise

- HFE501** Monday's Hiking (M, 8:30 a.m.)
HFE503 Rock Stars (F, 8 a.m.)

- HFE504** Anthony's Hiking (F, 8:30 a.m.)
HFE509 Gentle Walking (Tu, 9 a.m.)
HFE510 Peter's Slow Hiking (W, 9 a.m.)
HFE512 Wildflowers & Waterfalls (Th, 9 a.m.)
HFE513 High Country Hikers (M, 8:30 a.m.)
HFE515 Aquacize (Tu & Th, 9 a.m.)
HFE517 T'ai Chi (M, 10:45 a.m.)
HFE524 Martial Arts for Life (F, 10:45 a.m.)
HFE533 International Folk Dance (W, 1:30 p.m.)
HFE538 Pickleball II (F, 9 a.m.)
HFE539 Aqua Zumba (W, 9 a.m.)
HFE554 Chair Yoga (M, 9 a.m.)
HFE560 Tennis (Th, 9 a.m.)
HFE562 Yoga for the Optimal You (M, 1:30 p.m.)
HFE566 Intro to Weight Lifting (W, 3:30 p.m.)
HFE578 S.E.A.T. (Tu, 3:15 p.m.) Let's Get Stronger! (Tu, 9 a.m.)
HFE589
HFE597 Line Dance 101 (W, 10:45 a.m.)

History & Politics

- HIS605** Christians in Early Muslim Society (M, 9 a.m.)
HIS608 The Holocaust (W, 3:15 p.m.)
HIS622 History of U.S. Army Special Forces (W, 9 a.m.)
HIS627 Transcontinental Railroad (Tu, 10:45 a.m.)
HIS664 History of Early South Carolina (Th, 1:30 p.m.)
HIS679 Decade of the 60s (W, 1:30 p.m.)
HIS681 Curiosity Cured (M, 1:30 p.m.)
HIS682 From the Real West to the Reel West (Tu, 10:45 a.m.)
HIS683 The Great Debate (Tu, 10:45 a.m.)
HIS685 Interesting Characters (Th, 10:45 a.m.)

Languages

- LAN704** Beginning Spanish III (W, 10:45 a.m.)
LAN750 Keeping Latin Alive (W, 1:30 p.m.)
LAN776 Caesar & Cambridge (Tu, 1:30 p.m.)
LAN777 The Attic Nights of Aulus Gellius (W, 10:45 a.m.)
LAN782 Caesar's Gallic War Advanced (Tu, 9 a.m.)
LAN787 Beginning Spanish II (F, 9 a.m.)

Photography

- PHO1614** Photography Walkabout (Th, 9 a.m.)
PHO1624 Digital Photography (Th, 10:45 a.m.)
PHO1643 Intermediate Macro Photography (Tu, 10:45 a.m.)
PHO1648 Lessons From Paris (Tu, 1:30 p.m.)
PHO1655 Backyard Nature Photography (W, 1:30 p.m.)

Practical Arts & Hobbies

- PAH800** Woodcarving 101 (W, 9 a.m.)
PAH808 Cross Stitch Specialty Stitches (Tu, 1 p.m.)
PAH811 Lace & Cables for Beg. (Th, 10:45 a.m.)
PAH812 Birds and Society (W, 9 a.m.)
PAH813 Crochet 101 (Tu, 10:45 a.m.)
PAH821 Beginning Poker (M, 10:45 a.m.)
PAH823 Indian Cooking (M, 10:45 a.m.)
PAH829 The Art of Papercutting (Th, 1:30 p.m.)
PAH830 Knit a Cotton Sweater (Th, 1:30 p.m.)
PAH832 Journey of a Cigar (Tu, 1:30 p.m.)
PAH833 Beginning American Mah Jongg (M, 9 a.m.)
PAH834 Woodcarving 201 (W, 1 p.m.)

OLLI @ Furman

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Course Descriptions

Monday

HFE513 High Country Hikers

Monday, 8:30 a.m.-4 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

High Country Hikers is an Intermediate hiking group exploring the mountain trails of Upstate South Carolina and Western North Carolina. Hikes will be 5-8 miles with up to 1800 feet of elevation and range from moderate to strenuous. Please clear this physical activity with your physician. Bring water, your lunch, hiking gear and hiking boots. We meet in the parking lot next to Timmons Arena and will typically leave at 8:30 a.m. Depending on weather and travel distance we may elect to depart sooner or from a different location. We carpool and share the cost of gas.

Steve Davis and Jimmy Vissage enjoy hiking and will lead this course.

HFE501 Monday's Intermediate Hiking

Monday, 8:30 a.m.-4:30 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

Spring is a wonderful time to go hiking. It is the time of the year when the flora and fauna wake up from their winter dormancy. Wildflowers will begin to bloom and new growth will be evident on most plants. For this session, we will try to schedule hikes for the remaining sections of the Foothills Trail (weather permitting) that we did not complete in the Winter session. Note: 3 of the Foothills Trail hikes will each likely require a \$30-\$45 per person charge for boat shuttles across Lake Jocassee. We will typically hike 5 to 10 miles on moderate to strenuous trails. Wear hiking boots or sturdy shoes, and dress in layers appropriate for the weather. We normally meet in the parking lot to the right of Timmons Arena in time to form carpools and leave by 8:30 a.m. However, depending on weather or travel distance we may elect to depart sooner or from a different location. We will share the cost of gas. Bring plenty of water and lunch. Please clear this physical activity with your doctor.

Jess Greer enjoys the outdoors and will lead this hike.

PAH833 Beginning American Mah Jongg Demystified

Monday, 9:00 AM - noon, Herring Center, Small Arts/Crafts (HC113), IP

The history of Mah Jongg is shrouded in myth. Is it truly thousands of years old or does it only date back to the mid-1800's? Was it created by Confucius, as is fabled, or as a game for the royal court, which was forbidden to commoners? What is not a mystery is the popularity of this game of strategy and chance all over the world. Students will learn about the composition of the Mah Jongg set, the mechanics of playing the game, how to formulate a strategy to win and tactics to prevent others from winning. Several sessions of supervised play will illustrate the lessons and confirm the student's ability to play the game either socially or in a competitive atmosphere. The 2013 National Mah Jongg League card will be provided. Required book: "The Red Dragon & the West Wind" (ISBN 9780061233944).

Alan Bornmueller is a retired architect from DP3 Architects. He has an architectural degree from Iowa State University and practiced architecture in the Midwest before relocating to the Upstate in 1991. Alan has played and taught Mah Jongg for several years. Roi Weyler will assist with this course.

HFE554 Chair Yoga

Monday, 9-10:30 a.m., Herring Center, Crabtree (HC110), IP

This course is a gentle yoga practice, either seated in a chair or standing using the chair for support. You will learn breathing techniques and meditation principles that you can use in everyday life. Benefits of chair yoga: improve strength, improve flexibility, reduce stress/improve mental clarity, and may help with pain management. This class is appropriate for all ages and all experience levels from beginner to advanced. You will also learn stretches and postures that can be used in a home practice.

Debra Honore completed her yoga training at Greenville Yoga in 2018 and began teaching there. She teaches five classes a week and takes three. The philosophy of this studio is to be able to provide a safe welcoming and nurturing environment.

HIS605 Christians in Early Muslim Society: A History

Monday, 9-10:30 a.m., Meets online, Z

This course aims at presenting the Christian communities, as well as the legal and social status of Christians living in early Muslim society.

The course focuses on Christian communities that lived in the area of Middle East which came under the control of the Arab-Muslim armies. The legal status of the non-Muslims was gradually formed on the basis of the initial treaties granted by the conquerors and later decrees as reflected in historical writings. Also, such legal rules referring to the duties and rights of Christians and others are found in extant works of Muslim jurists that are part of the medieval Islamic jurisprudence. Also, we shall examine the social status of Christians, their organization in communities, their occasional participation in the Muslim administration and their relationship with the leading Muslim elite.

Theodora Zampaki (DPhil Graeco-Arabic Studies) is a tutor at the Hellenic Open University, Greece. She is the author of "Alexander the Great in the Early Arabic Historiography" (2006).

CEB1742 Impacts of Income & Wealth Inequality

Monday, 9-10:30 a.m., Herring Center, Campbell (HC004), IP

This course will explore the causes and impacts of income and wealth inequality in the US and globally. Topics will include how inequality is measured, the historical beginnings, and the impact of inequality on families, businesses and society. Specific examples will include gender and racial disparities, economics in the sports and corporate world, and how government tax and regulatory policies affect inequality. Class will discuss the question of "is inequality harmful to society," and if so, what steps can be taken to mitigate its effects? The course format will include lectures, short videos and class discussion. This four-week course begins April 17.

David Johnson is retired from AT&T/Lucent and is a former college/OLLI instructor. Don Hubble is a retired corporate executive and board

member. Both have a long time interest in public policy issues.

ACLM191 Ukulele 101

Monday, 9-10:30 a.m., Herring Center, Piper (HC111), IP

Interested in learning to play the ukulele? This course will get you started by introducing you to 15-20 simple, must-know chords and a couple of easy strum patterns. We'll be playing 20-25 popular songs ranging from the early 1900s (By the Light of the Silvery Moon) through the early 1980s (Hallelujah). The course is designed for ukuleles with standard tuning of G-C-E-A (soprano, concert or tenor ukes). Materials fee: \$5 (due to instructor at first class).

Kevin Morris taught composition, literature, film and Humanities courses at Greenville Technical College and for OLLI. He has been playing the guitar and ukulele since 2002.

PAH821 Beginning Poker

Monday, 10:45 a.m.-12:15 p.m., Meets online, Z

This is a beginner's class designed for people who have never played poker. We will start at the very beginning explaining the hand rankings and betting and playing rules. You will learn some very basic guidelines for determining your chances of getting certain poker hands to help in your betting strategy. We will learn some basic poker etiquette rules and will learn how to play the 3 basic foundation games all poker variations are based on. The last 2 or 3 classes we will learn multiple poker variations each week to get you ready for the SIG or your neighborhood group. This class is not designed to get you ready to play serious poker at a casino for money, but just a chance to make all your beginner poker player mistakes and have your fellow beginners laugh right along with you! So join the class for some fun and get ready to learn so you can play a friendly poker game with friends after you graduate!

Dave Knox has enjoyed poker since high school and looks forward to teaching others a game that has so many variations.

ACLM168 Flannery O'Connor: Mystery, Manners, & Mayhem

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004), IP

Flannery O'Connor was one of America's finest prose stylists, and no one better portrayed the grotesqueries of the rural south. Her so-called Christian realism yielded such memorable characters as the Misfit, in "A Good Man is Hard to Find;" Mrs. Turpin and Mary Grace, in "Revelation;" and Hulga, in "Good Country People." Flannery knew her setting – she lived it. She focused on characters and the vicissitudes of choice. We will too, reading and discussing, in chronological order, ten of her most penetrating stories. Required book: "Flannery O'Connor – The Complete Stories" (ISBN 0374515360).

Arthur McMaster is a retired English professor from Converse College. He has published books of poetry, creative non-fiction, three stage-plays and several short stories. His most recent volume of poetry is "The Whole Picture Show" from Revival Press.

PAH823 Indian Cooking

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Huff with Lindemann Kitchen (HC105/106), IP

Experience the delicious flavors and smells of Indian cooking and enjoy tasting samples of the dishes. Learn about Indian food, spices and regions of the country. The chef will show us how to prepare favorite Indian dishes and the class will have the opportunity to participate in the preparation if you wish to do so. Food cost: \$10 per session (\$10 due to instructor at first class with remainder due at second class).

Chitra Mehrotra has a Bachelor of Education degree from India. She is a daycare owner and director in Greenville, SC since 2006. Chitra has prepared her own Indian seasoning, and sold to Whole Foods.

PAH876 Infinity: Space Rummy the Card Game

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Computer Lab (HC104), IP

If you love to play cards, especially Rummy, then this course is for you. It's great for the mind and it's very unpredictable every time you play, because the action cards and wild cards can change the whole outcome. Warning: It can be very, very surprising - especially when you're about to win on your next turn, but you don't!

Betsy Lauber, retired first grade teacher, created this card game in 2009.

HFE517 T'ai Chi for Seniors

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110), IP

The slow, gentle movements of Qigong and T'ai Chi are easy to learn and suitable for every age and physical condition. They can be practiced standing or sitting and can be adapted to suit the student's needs. With regular practice, they improve balance, circulation, flexibility, and coordination. By balancing and increasing the body's vital energy, called chi, they promote inner peace and serenity and create a sense of well-being. This course repeats material from T'ai Chi Chih and incorporates new Qigong breathing techniques, self-massage, and meditation.

Judith Ziemer has taught Aerobic Fitness since 1981 and T'ai Chi and Qi Gong to seniors since 2000.

SNM1094 The Cosmic Calendar

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005), IP

The Cosmic Calendar was popularized by Carl Sagan in 1977. It depicts history, starting with the Big Bang which occurred 13.8 billion years ago, to the present, compressed onto a 12-month calendar. In this class we will first discuss how the calendar is laid out and the times associated with each month, day, hour and minute. In each weekly session the class will explore a specific timeframe from

the calendar. We will start with the Big Bang and this class will end with the fall of Rome. Students will gain a better understanding of the events of the history of the cosmos and how relatively short our time has been on this planet.

Tony Nedved retired from Michelin and has a B.S. in chemistry from Furman. He taught at Greenville Tech and Tri-County Tech part-time.

RPH970 The History of Christian Theology in America

Monday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111), IP

American Christian theology, while reflecting theological currents from around the world, has had and still does have a distinctive flavor. One that is born out of and nourished by the history and culture of the USA. Tracing the paths of USA Christian beliefs gives us much insight into where we have come to as a nation. Christian belief in America has both influenced our trajectory as a nation and been influenced by it. Christian believer or not, we can all better understand who we have been and who we are as a country by looking at the history of American Christian theology and its political and social influence.

David Gillespie, a former Presbyterian minister and healthcare chaplain, has a life-long interest in religious studies and philosophy and loves joining with others to explore them.

ACLM101 Acrylic Painting

Monday, 1 p.m. - 4 p.m., Herring Center, Graham (HC005), IP

Acrylic paint is the most versatile of the painting mediums. We will explore many techniques hands-on while creating wonderful artistic expressions. NOTE: This class is for beginners only.

Cathryn Rice, artist, is retired after 35 years teaching art in Greenville County schools. She gives workshops and clinics in a variety of art media which include painting, jewelry, color theory, and composition.

HIS681 Curiosity Cured: Things You've Always Wanted to Know

Monday, 1:30-3 p.m., Herring Center, Piper (HC111), H

Each week we will hear papers from two different speakers. The topics will be quite varied, and will include: Katy Smith ('Til Death Do Us Part), Michelle Shaine (Loggerhead Turtles), B.J. Koonce (The Arts in Greenville, Part I and Part II), Laurin McDonald ('Can't Do Her Justice), Susan Stall (The Purple Pickup Truck), Debbie Spear (Adrinka and Me), Melanie Brown (The Roots of a Maiden), Sue Priester (Saxy), Shannon Cole (Act Like a Lady), Lee Yarborough (Silver Bullet), B.J. Koonce (The Arts in Greenville, Part III), Susan Shi (Ice), Grier Mullins, (Cars, Kitchens and Communications: Past, Present and Future), Elaine Apperson (The Sticker Test), and Meghan Barp (Innovations and Innovators).

Sarah Fletcher was the Founding Director of Furman University Learning in Retirement (FULIR), the predecessor of OLLI. In her retirement, she enjoys taking several OLLI classes each year.

PAH895b Everyday Zentangle

Monday, 1:30-3 p.m., Meets online, Z

This class explores the world of Zentangle and the use of tangling as an everyday practice. New patterns and techniques will be examined and used. Fear not - this is not just the same old Zentangle. This is a mid-level class that recommends some prior Zentangle knowledge. Practice is suggested. Materials fee: \$40 (Pickup instructions will be emailed after registration).

Pam Stevenson, a life-long artist in various media, has practiced Zentangle since 2012 and is a Certified Zentangle Teacher (CZT).

ACLM159 Fiction Writing II Workshop

Monday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

This class is for beginning or experienced writers who want to participate in a fiction writing workshop. Each session will involve sharing fiction writing exercises and constructive critiquing, laid out more in a workshop format than a lecture format. Exercises and critiquing will cover the fine art of writing fiction – how, why, what it is, and what it is not – emphasizing point of view, finding your voice, character development, plot, flow and focus, dialogue, setting, and pacing. You'll learn to read as a writer and keep a writer's notebook. Based on participant readiness, we'll also discuss techniques for developing stories and novels for publication. Required book: Writing Fiction - the Practical Guide by Alexander Steele (ISBN 1582343306).

William C. Burns, Jr. is an award winning, internationally published author of fiction, poetry, and theater.

RPH909 Heaven, Hell, Or???

Monday, 1:30-3 p.m., Herring Center, Campbell (HC004), IP

Do all dogs go to heaven? Is there a heaven? If so, what is it? If so, are people recognizable there? Do evil people go to hell? Did Jesus go to hell? Is there a hell? If so, what is it? Some religions think there is a heaven and hell, though concepts of them differ. Where did our contemporary western concepts of the afterlife come from? Is there an afterlife? How various religions have answered these questions will occupy our time in this -hopefully fun, despite the topic - class. There will be no pat answers! Come join us in our search!

David Gillespie, a former Presbyterian minister and healthcare chaplain, has a life-long interest in religious studies and philosophy and loves joining with others to explore them.

HFE556 Spin For All

CANCELLED

For this spin class there are no limitations for athleticism, strength or endurance. Come join the class for a great cardio workout to great music. Fun for everyone who wants to sweat!

Marsha Lyon was a personal trainer and fitness instructor for 15 years in New York. She taught spin for 10 years there, as well as pilates, before moving to South Carolina.

PPG1320 The Psychology of Poverty

Monday, 1:30-3 p.m., Herring Center, Huff (HC105), IP

Rather than learning about current poverty in Greenville, this class looks at underlying issues, factors, and causes of poverty to understand why people who are poor may think and act as they do. Class participants will decrease judgment and increase compassion by enlarging their understanding. This course will include interactive exercises, clips from DVD, and the poverty simulation as well as refer to books written by the instructor. This four-week course ends April 10.

Beth Lindsay Templeton is a writer, poverty advocate, Presbyterian USA minister, and workshop/retreat/small group leader.

HFE562 Yoga for the Optimal You

Monday, 1:30-2:45 p.m., Herring Center, Crabtree (HC110), IP

Learn how to honor your physical body with this balanced, core strengthening and energizing yoga practice. Yoga is a great activity for you if you have arthritis, diabetes, high blood pressure, high cholesterol, or heart disease. Proven to increase strength and cardiovascular health, tone muscles, improve stamina and flexibility, and release tightness, you will feel challenged, yet successful. Our yoga practice links the breath with the poses and builds core aliveness as you release resistance and layers of tension. Whether you are a beginner

or have a consistent practice, this class gives you a holistic approach for a strong metabolism! Wear comfortable clothing and bring your yoga mat. Our yoga class includes asanas/poses and pranayama/breath techniques with a theme/intention to awaken and integrate the body-breath-mind experience. We focus on asanas for specific areas of the physical for the body, working with the breath, keeping the mind focused in the present experience. Each week we go through the body fully with sequences enabling self-exploration and self-transformation.

Kristi Ried-Barton is a registered yoga trainer, life coach, nutritionist and director of It's Yoga! Studio. She teaches classes, gives private sessions, provides an in-depth study of yoga/ teacher training, conducts retreats, and facilitates workshops. A teacher since 1979, Kristi is known for her detailed instruction, inspiration and nurturing compassion.

ACLM119 Introduction to Great Books

Monday, 3:15-4:45 p.m., Meets online, Z

Join the great conversation millions have had around some of the enduring literary works The Great Books Foundation collected. We will start with an overview of Mortimer Adler's "How to Read a Book" and, from there, move into the First series of the Adult Great Books series for discussion. We will meet weekly to discuss the assigned work. Using Shared Inquiry, we will engage in an active and collaborative search for answers raised by the text.

Throughout the course, we will learn how to ask questions about the text and the author. We will work together to find and weigh answers, given the evidence provided in the text. If there is interest among the group, we will also share the role of the discussion leader, but no one will be asked to lead the discussion if they choose not to. We will read selections from Sigmund Freud, Thucydides, William James, and Flannery O'Conner, among others. Each week we will discuss a short piece and delve into the essential questions that the texts attempt to address. This is a book

discussion group with a focus on interpretation and critical thought. The book containing all the selections can be purchased at: store.greatbooks.org/introduction-to-great-books-first-series

Teri Laliberte, a consultant with the Great Books Foundation, is an advocate of life-long learning and adult learners. She loves to work with complex, complicated texts and is a seasoned leader.

Tuesday

HFE515 Aquacize

Tuesday & Thursday, 9-10 a.m., Herman W. Lay Physical Activities Center, Pool, IP

Aquacize is a combination of aerobics, strength training, toning, flexibility, and cardio routines using the resistance of the water for physical improvement and the buoyancy of the water to alleviate strain on muscles, bones, and joints. The ability to swim is not a requirement, and we do not put our faces in the water. The co-

Policy 2012.1: OLLI (Classroom) Code of Conduct

Topics included within the OLLI curriculum may evoke emotional and visceral reactions to social, religious, political, and economic events, which inherently have elements of human tragedy, and during the course of time, may create discord. Comments shared within the class should be voiced in a professional manner conducive to promoting civil discourse and intellectual honesty. Passionate dialogue is encouraged as long as opposing viewpoints are respected and the dignity of others is maintained. In the event that an issue arises which compromises this premise and is deemed detrimental to the learning environment (i.e., unwarranted personal attacks or unsolicited dialogue outside of the classroom environment), then the OLLI administration has the authority to remove a student or instructor from the class and/or the program.

instructors lead exercises while in the water, and a lifeguard watches over the class from poolside. Water temperature is around 80 degrees. Note: This course will be moderately active and once the routine is learned, have a spa-like effect.

Greg Parker has been an OLLI member since 2008. Dorothy Buschmann will assist with this course. They have participated in Aquacize at OLLI and in their community for years.

LAN782 Caesar's Gallic War Advanced

Tuesday, 9-10:30 a.m., Meets online, Z

Julius Caesar is all over the airwaves lately. It seems you can't turn on the television without seeing a commercial with him, with some reference to the Ides of March or Brutus, or some pundit's theory about what 20th century person he was most like. But what is the truth? New perspectives, new research, and new readers lead to new understandings. When you can read his thoughts in the original for yourself, no longer is Caesar a figure in a commercial or a TV special, no longer is he the object of yet another "biography," he can speak for himself. Nothing equals reading Latin in the original, or the thrill of discovery when that last piece of the puzzle falls into place, and the meaning is brought to life. We'll bring all that to the table as we follow along in Caesar's footprints as he concludes his Gallic campaign, with glimpses of modern "Gaul" as we go. Discussions will center on the textual implications, Caesar himself, the declining Republic, and everything in between.

Ginny Anderson formerly taught Latin at Furman and currently teaches fourteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

PPG1318 Carl Jung: Becoming Whole

Tuesday, 9-10:30 a.m., Herring Center, Huff (HC105), IP

In this course, participants will explore some of Jung's primary writings, delve into archetypal symbolism, touch on Jungian analysis and focus on dreams and dreamwork. We will read "Memories, Dreams,

Reflections" edited by Aniela Jaffé. We will discuss and become familiar with archetypes, especially the Self, the Persona, the Shadow and the Anima/Animus. We will explore the imbalance between conscious awareness and the unconscious mind and think about Jung's work toward individuation. While this course will in no way offer Jungian therapy, we will talk about ways to delve into our real selves--and not just the self we present to the outside world. Dreams and dreamwork will be a substantial part of the material covered in the course. This nine-week course ends May 16. Recommended books: "The Hero with a Thousand Faces" by Joseph Campbell (ISBN 1577315936) and "Memories, Dreams, Reflections" edited by Aniela Jaffe (ISBN 9780679723950).

The Reverend Deacon Janet Atkins is a vocational deacon in the Episcopal Church who is also a trained spiritual director through the Haden Institute.

HFE509 Gentle Walking

Tuesday, 9 a.m.-2 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

A spring gentle walking class for people who want to stretch their legs but are not quite up to hiking yet. Anyone who signed up for a hiking class in the past and dropped out after a few weeks may want to consider this alternative. We will visit eight relatively flat walkable areas with paved trails. The walks will be about 4-5 miles at a relaxed pace. We will stop for lunch at about the 1/2 way point in each walk.

Peter Sperry is an avid hiker and walker who enjoys sharing the trails with others.

ACLM186 Guitar III

Tuesday, 9-10:30 a.m., Herring Center, Piper (HC111), IP

This class is a continuation from Guitar II, but new folks are invited. We will learn more picking patterns, strumming patterns, tablature, the function of bar chords, bass licks, and more. When you finish this class, you will be able to play with Brad Paisley (if you are playing his music on a CD). Materials fee: \$5 (due to instructor at first class).

Jann Howell has a master's degree in music and will lead this course. Bill Enloe will assist with this course.

HFE589 Let's Get Stronger!

Tuesday, 9-10 a.m., Herring Center, Crabtree (HC110), IP

The next level in your fitness. A mix of cardio, resistance and core training that incorporates different training concepts to ensure an overall experience that fits everyone. In class, you will get a complete workout that challenges your fitness, balance, core and strength while standing. Chairs are used to help with balance.

June Martin is an ACE personal trainer and health coach. She will challenge you to "think outside the box" to reach new heights.

ACLM120a Let's Read and Talk

Tuesday, 9-10:30 a.m., Herring Center, Vick Seminar (HC102), IP

Join our lively book group for open discussion every other week starting March 21. We will discuss a different book at each class session. Be ready to contribute your comments and thoughts by reading ahead of the first-class meeting, March 21: "Nickel Boys" by Colson Whitehead and April 4: "Transcendent Kingdom" by Yaa Gyasi. Class members will select the remaining two books at the first session.

Patricia Shakiban and Dan Scieszka, OLLI members, will be the class moderators.

ACLM120b Let's Read and Talk

Tuesday, 9-10:30 a.m., Meets online, Z

Join our lively book group for open discussion every other week on Zoom starting March 28. We will discuss a different book at each class session. Be ready to contribute your comments and thoughts by reading ahead of the first-class meeting, March 28: "Nickel Boys" by Colson Whitehead and April 11: "Transcendent Kingdom" by Yaa Gyasi. Class members will select the remaining two books at the first session. NOTE: This is a repeat of class meeting in-person.

Patricia Shakiban and Dan Scieszka, OLLI members, will be the class moderators.

ACLM272 Woody, Pete & Arlo: A Century of Music

Tuesday, 9-10:30 a.m., Herring Center, Campbell (HC004), IP

Woody Guthrie, known for his hard traveling life during the Dust Bowl and Great Depression, wrote hundreds of songs of protest, hope, patriotism, and humor, during the first half of the 20th century, and greatly influenced the popularity of folk music in the United States. In the 1940's, he teamed up with fellow "folkie" Pete Seeger singing songs in support of labor unions and civil rights, and to protest violence and injustice. When WWII broke out, both he and Pete changed their focus, joining the service, spurring on labor to keep up the war effort, and popularizing pro-America and anti-Hitler songs. But then along came the 1950's and the Red Scare. With Woody's health failing, it was Pete that became a target the McCarthy era purge of suspected communists and a victim of a nation-wide blacklist. After a 16 year sabbatical, Pete finally returned to network TV on the Smothers Brothers Comedy Hour. Meanwhile, Woody's youngest boy, Arlo, began his musical career, recording the serio/comic talking blues hit "Alice's Restaurant," which was an immediate hit with the Woodstock generation. Soon thereafter, the unlikely duo of Pete Seeger and Arlo Guthrie formed a bond combining the traditional folk of music of Pete and the rambling, humorous story-telling of Arlo that lasted for over 40 years. This four-week course ends April 11.

Jim Maurer taught several one day classes for the "Interesting Characters" program at OLLI as well as a summer session on Winston Churchill. He is a retired administrator for the State of South Carolina.

PAH864 Advanced Beginners Bridge

Tuesday, 10 a.m.-noon, Herring Center, Small Arts/Crafts (HC113), IP

This class is for individuals who have completed a beginner course and want to continue their bridge education and for social players wishing to improve their game. We will emphasize hands-on learning through active student participation, with a minimum of lecture time. The goal is to enhance your understanding and enjoyment of the game while building a foundation which will serve you as you progress as a player. Among the subjects we will cover are: declarer and defensive play, competitive bidding and essential conventions including Stayman, Transfers, Weak-Two Bids, Take-out Doubles and Blackwood. Upon completion you will have the tools to be a competitive social player and the confidence to play duplicate bridge at your local club.

John Clancy is an accredited bridge teacher with over 25 years experience and a Gold Life Master. Karen Clancy, a sectional master, will assist with this course.

PAH813 Crochet 101

Tuesday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005), IP

Come learn the fun of crocheting! This course is for those (men, too!) who have never crocheted before or those who want to review the basics of crochet: yarns, hooks, stitches, techniques. The participants will complete several simple crochet projects from potholders to stuffed pumpkins. For the first class, please bring the following: 4-weight (worsted) light colored yarn, an H, I or J hook, and a notebook and pen.

Leslie Nuernberg discovered crocheting several years ago. With her educational background, she finds teaching crochet to others both fun and rewarding.

HIS682 From the Real West to the Reel West & Beyond

*Tuesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Campbell (HC004), IP*

This course will take a look at interesting people from the Wild West (1865-1905) such as Wild Bill Hickok, Calamity Jane, Bass Reeves, and Wyatt Earp to name just a few. It will include a discussion about the Cowpokes and Cowbells of the B Western Movies from 1903 to 1956. A look at Circus Cowboys, Wild West Shows, and television Westerns will also be a part of this "Western Roundup" of information.

Lynn Duncan is a retired history teacher. He has taught graduate level history/education courses at Furman. Lynn is the editor of ten oral history books, including South Carolina Remembers World War II.

PHO1643 Intermediate Macro & Close Up Photography

*Tuesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Vick Seminar (HC102), IP*

The course is designed for photographers who have engaged in macro and close up photography and want to enhance their skills. We will have weekly shooting assignments outside of the regular class time. Class time will encompass critiques of the prior week's assignment, addressing specific participant raised issues as well as specialized macro equipment and post processing techniques. While the participants can shoot any time during the week, both instructors will be available each week at the assigned location at least one day during the week. This class is aimed at level 2+ and 3 photographers with high competence with the principles of photography, camera operations, macro and close up photography and post processing.

Bob Markway is a retired engineer and avid digital photographer. Stephen Singer has been a nature, travel and macro photographer for over 50 years and will be assisting in this class.

ACLM144 Shakespeare: A Literary, Religious & Historic Look at Merchant of Venice

*Tuesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Piper (HC111), IP*

This course will cover Shakespeare's home life in Stratford-upon-Avon with illustrations, Inspiration for Shakespeare's plays, and the plot line of The Merchant of Venice and its characters. Shylock and his "pound of flesh," antisemitism in England and around the world, the importance of Shylock's Jewishness to the plot of the play. With the Protestant Reformation changes occur to the Jewish Community and its dedication to conversion. Topics include Sexuality in Shakespeare, Current interpretations of The Merchant of Venice, Folger Shakespeare Library, and the Globe Theatre. Required book or video: "Merchant of Venice."

Nina Dembin has a Masters in Library and Information Science. As an academic librarian, she taught for five years. Nina has always loved Shakespeare and has traveled widely including Stratford-upon-Avon, and London (Shakespeare's Globe Theatre) to experience his plays.

HIS683 The Great Debate

*Tuesday, 10:45 a.m.-12:15 p.m.,
Herring Center, President's Conference (HC103), IP*

This discussion class will examine the philosophical and political views of Thomas Paine and Edmond Burke. The course will focus on the American and French revolutions and relationships to the politics of today. We will study and learn together from the book "The Great Debate" which explores the roots of the left/right political divide by examining the views of the men who best represented each side at its origin. We will also consider what lessons apply to today's political environment. Other background material will be provided as the class moves forward. This is not a lecture class; members should be prepared to participate in the discussions. Required book: "The Great Debate" by Yuval Levin (ISBN 0465062989).

Maggie Manning holds a B.S. in Industrial and Labor Relation and an M.A. in Organizational Development. She has been a member of OLLI since 2006 and an instructor since 2018.

SNM1073 The Martian Chronology: Destination Mars

*Tuesday, 10:45 a.m.-12:15 p.m.,
Herring Center, Crabtree (HC110), IP*

Ever since our species emerged more than a quarter of a million years ago, we have wondered about that strange reddish dot in the sky and its curious retrograde motion. Until less than sixty years ago we knew little about the real nature of this our nearest neighboring planet. That all changed in 1971 with the first successful orbit of the planet by the Mariner Nine spacecraft. Since then a much clearer picture has emerged and we know more about Mars than even our own Earth. This course will explore in detail how these revelations came about, how our technology or discovery has matured in this century, the prospect for human travel to the planet and why it is important to our future survival.

We will survey technical findings, view artist's conceptions, real time animations and discuss our findings/conclusions if any. The only participant requirement is an inquisitive and open mind. Recommended book: "Mission to Mars" by Larry Crumpler (ISBN 0063047365).

Val Satko is a retired architect with a lifelong interest in science and history. He has taught or hosted such courses at OLLI since 2008.

LAN776 Caesar and Cambridge

Tuesday, 1:30-3 p.m., Meets online, Z

What can you say about Caesar's Gallic War that hasn't been said in the last 2,000 years? Quite a bit, as it turns out. New perspectives, new research, and new readers lead to new understandings. Nothing equals reading Latin in the original, or the thrill of discovery when that last piece of the puzzle falls into place, and the meaning is brought to life. We'll bring all that to the table as we follow along in Caesar's footprints with glimpses of

modern "Gaul" as we go. Discussions will center on the textual implications, Caesar himself, the declining Republic, and everything in between. Join us for an unforgettable experience.

Ginny Anderson formerly taught Latin at Furman and currently teaches fourteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

PAH808 Cross Stitch Specialty Stitches

Tuesday, 1-3 p.m., Herring Center, President's Conference (HC103), IP

No matter the level of your current stitching, this class will help you kick it up a level. We will learn specialty stitches as a part of a band sampler. In addition, students are to bring their own projects to work on in class, especially if they need help. Material fee: \$25 (due to instructor at first class).

Kathy Tymonko has been cross stitching for over forty years. She works at a cross stitch store and enjoys attending retreats to meet other stitchers.

CEB1706 Foundations of Investing

Tuesday, 1:30-3 p.m., Herring Center, Graham (HC005), IP

Have you ever wanted to be able to speak intelligently about investing but are not sure where to begin? Do you want to learn how to set up reliable income streams during retirement, or just get your "financial house" in order? This class is specifically tailored to those who are new to investing, those who just need a refresher, or those who are managing their families' finances for the first time. We will learn about all the major types of investments from stocks, bonds, mutual funds, and annuities as well as discuss which types of investments might work best for you. We'll also cover concepts like retirement income planning, estate and legacy planning, and portfolio construction and even scam preparedness and prevention. After this eight week course, students will understand the importance of developing a strategy, the impact of asset allocation, and be better informed investors.

Justin Smith is a graduate of Anderson University and is an AAMS certified financial advisor with Edward Jones Investments. He has been a financial advisor since 2008 in the north Greenville area and has taught at OLLI since 2012.

PAH832 From Seed to Smoke: The Journey of a Cigar

Tuesday, 1:30-3 p.m., Herring Center, Crabtree (HC110), IP

Cigars are one of the world's greatest luxuries. They're smoked to celebrate the birth of a child, when striking a deal on the golf course, or at a great party. Unlike most consumables, a cigar has the power to turn a temporary moment into a lifetime memory. But that luxury cigar in your hand started as a small seed. It has been estimated that, from start to finish, more than 300 hands have touched every cigar. Over the next few weeks we will explore the entire process of cigar making. We'll start in the humble farm land and finish inside your humidor. We're going all the way from seed to smoke. This four-week course ends April 11.

Chris Strother is the owner operator of The Cigar Box, a mobile cigar bar based in Easley, SC.

PPG1367 What is "Whole Brain Thinking" (WBT)?

Tuesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

Have you ever wondered why you seem to think and communicate effectively with some individuals and not others? This is the result of different thinking and communicating styles. Dr. Joan Cassidy-Huck has spent over 30 years teaching thousands of individuals the concepts of "Whole Brain Thinking (WBT)". What is "Whole Brain Thinking (WBT)"? Basically, individuals have markedly different ways that they perceive and assimilate information, make decisions, and solve problems. The most widely recognized thinking styles are left-brained preference, described as analytical, logical, and sequential, while the right-brained preference is described as intuitive, values-based, and nonlinear. The

awareness of one's own thinking style and the thinking styles of others combined with the ability to act outside of one's preferred thinking style is known as "Whole Brain Thinking. (WBT)" Appreciation of and attention to these different "thinking styles" can literally change whether you succeed or fail in communicating, solving problems, or just in life in general. In the first session of this workshop, you will be able to assess your own thinking style using the Herman Brain Dominance Indication (HBDI). This highly validated Whole Brain Model is scientifically designed to help individuals learn to think and act better. Subsequent sessions will focus Whole Brain Technology™ to use your whole brain – not just the parts with which you feel most comfortable. This four-week course ends April 11.

Dr. Joan Cassidy-Huck has over 30 years experience teaching and using Whole Brain Technology (WBT) and the Myers-Briggs Type Indicator (MBTI). She has an Ed.D (Human Resource and Organizational Development) from Virginia Tech.

PAH840 Introduction to Honey Beekeeping

Tuesday, 1:30-3 p.m., Herring Center, Campbell (HC004), IP

In this course, you will learn basic facts about honey bees, plant pollination and the fundamentals of beekeeping. The instructors are commercial beekeepers who will share their knowledge and expertise. Other topics include the history of beekeeping and other products of the bee hive.

Tim Dover and Susan Gardner are commercial beekeepers with The Carolina Honey Bee Company in Travelers Rest. They operate close to 1000 hives in the Greenville area.

PHO1648 Lessons From Paris

Tuesday, 1:30-3 p.m., Herring Center, Vick Seminar (HC102), IP

If you're drawn to photos of Paris street life from decades ago, you can thank Henri Cartier-Bresson and other photographers from the French Humanist tradition. Their spontaneous, but precisely composed images — from a man jumping over a puddle to lovers on a bench — serve as inspiration for a new photography class, "Lessons From Paris." In this class, students will apply Cartier-Bresson's timeless concept of the "decisive moment" as they photograph everyday life in Greenville or elsewhere. The class builds on insights from longtime photographer Peter Turnley from a 2022 workshop he taught in Paris, his adopted home. Known for his images of the human condition, Turnley emphasizes the importance of having a sense of purpose in photography and showing respect when making photographs of strangers. This is an advanced course. Classroom sessions will include viewing the work of Paris street photographers for the lessons they offer, discussing how to make compelling images in spontaneous settings and reviewing student work. Students will photograph on their own or in small groups, bringing human and compositional elements together with one carefully considered click. They then can present up to 15 photos a session for comment. By the term's end, students will have a collection of candid and collaborative images of people on the street in spring. But "Lessons From Paris" also may sharpen their artistic vision and boost their confidence when they pick up a camera to make a photo at just the right — or decisive — moment. Level 3 proficiency level.

Linda Hosek and Jeff Sarvis will present the course. Linda, a documentary-style photographer, attended Peter Turnley's workshop in Paris in September 2022. Jeff, a former architect, photographs the urban landscape.

PAH891 Polymer Clay Jewelry

Tuesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

If you love jewelry, you will love this class! You will choose from a wide variety of colorful pre-made polymer clay canes. You will learn how to cut shapes from a variety of templates and cutters to make earrings, pendants, bracelets and/or trinket cups. Please note: Your finished polymer clay items will need to be baked. However, we will not bake them in class. Instead, each week, the instructor will take your items home to bake in her dedicated polymer clay ovens. The following week, the jewelry will be brought back for you to finish with a variety of jewelry findings. This four-week course begins April 18.

Dr. Joan Cassidy-Huck is a multi-media artist. She currently creates jewelry using metal, wire, leather, polymer clay and a variety of other embellishments.

RPH967 BOLD Leadership in the Educational Community

Tuesday, 3:15-4:45 p.m., Herring Center, Piper (HC111), IP

The BOLD Leadership Fellowship is a personalized leadership training that provides participants with knowledge & strategies to support the improvement of educational outcomes for youth in their communities. Fellowship participants will: Learn and develop strategies to better engage the community around educational issues, with an emphasis on inequity in the community; Sharpen key skills that will enable them to better lead and advocate in the educational space; Learn the historical context of the intersection of race and the educational community; and Collaborate on a team community project or plan to help promote equity in the Black community (i.e. mentoring, church support, minority business assistance, policy advocacy).

Dr. Edward Anderson is executive director of United Way's OnTrack Greenville. He is a former Greenville County Schools middle school principal and has a demonstrated history of effective school and community level leadership. Dr. Carlos Grant will assist with this course.

PAH877 Fly Fishing 101

Tuesday, 3:15-4:45 p.m., Herring Center, Campbell (HC004), IP

This course is an introduction to fly fishing. It will include equipment, technique, stream ecology, and hands on casting instruction.

Steve Grose is a fly fisherman with over 50 years experience fishing in both fresh and salt water.

HFE578 S.E.A.T. (Supported Exercise for Ageless Training)

Tuesday, 3:15-4:15 p.m., Herring Center, Crabtree (HC110), IP

S.E.A.T. (Supported Exercise for Ageless Training) is a brand new, low impact chair-based fitness program that strengthens the body and mind, while improving balance and flexibility through functional fitness to get the most out of life. Participants will use resistance bands, weights and a ball as they sit and improve all their muscles for activates for daily living - all while having fun!

June Martin is an ACE personal trainer and health coach. She will challenge you to "think outside the box" to reach new heights. Christin Taylor will assist with this course.

CEB1709 Women and Wealth

Tuesday, 3:15-4:45 p.m., Herring Center, Huff (HC105), IP

This course is designed to assist women in gaining a better understanding of finances, retirement planning, Social Security benefits, investments, taxation matters, estate planning and wealth transfers, as well as how to create a lifetime financial plan for themselves. After this class, women will feel informed and empowered about all their financial matters. This course is for those in early stages of retirement or those about to retire. This four-week course ends April 11. Materials fee: \$20 (due to instructor at first class).

Shari Bevan, of Bevan Wealth & Tax Strategies, is a lawyer as well as a Chartered Financial Consultant (ChFC). She has assisted clients in financial, retirement, insurance long term care and estate planning matters since 1996.

Wednesday

HFE539 Aqua Zumba

Wednesday, 9-10 a.m., Herman W. Lay Physical Activities Center, Pool, IP

"Just add water and shake." Aqua Zumba is a low intensity fitness class that uses water resistance and is performed in 4 feet of water (no swimming or wet hair) to Zumba music with Zumba moves, making this Zumba party low in impact for your joints. Let's dance the day away and continue to take the "work" out of "workout."

Val Jean Blanco is a licensed Zumba, Zumba Gold, Zumba Toning, Zumba Gold Toning and Aqua Zumba instructor.

PAH812 Birds and Society

Wednesday, 9-10:30 a.m., Herring Center, Campbell (HC004), IP

Birds fill many roles in society. Examples abound in science, literature, sports, and religion. As such, birds serve as an important lens to understand human-environment interactions. In this class, we will learn and discuss how our ideas about birds reflect changing ideas about nature and ourselves. In addition we will learn to identify birds of South Carolina and other parts of the world. This seven-week course begins March 29.

John Quinn is an associate professor of biology at Furman University. His teaching and research emphasize conservation and sustainability with a focus on avian ecology.

HIS622 Masters of Unconventional Warfare: History of U.S. Army Special Forces

Wednesday, 9-10:30 a.m., Herring Center, Crabtree (HC110), IP

The U.S. Army Green Berets are the nation's premier organization in conducting guerrilla warfare. Green Berets have been deployed throughout the global spectrum during peacetime and periods of conflict as part of U.S. strategies since the 1950s. The course will present

topics such as: Unclassified operations conducted by Special Forces from their inception in 1952 to present; their historical lineage from the Swamp Fox, the Office of Strategic Service (OSS) in World War 2, to when President Kennedy made the Green Beret the authorized headgear of Special Forces; case studies of missions from the Vietnam War, Cold War, Desert Storm, and recent operations against terrorist networks in the Middle East; and the basic makeup of a Green Beret team and their training to include the use of special skills such as Military Freefall, Underwater Operations, K9, and sniper.

Pat Fensom and Todd Carpenter are former Green Berets that served in various eras from the Vietnam War to the recent wars on terrorism. They are members of the Special Forces Association, Chapter 363 from the Upstate area.

HFE510 Peter's Slow Hiking: Intermediate Hikes, Slower Pace

Wednesday, 9 a.m.-5:30 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

This group is for those who enjoy moderately challenging hikes but would prefer to take their time to enjoy the scenery and rest along the way. The hikes will be mostly intermediate hikes with 1-2 easy and 1-2 advanced. The target zone will be 4-8 miles with 300 - 1200 feet elevation changes (as measured from lowest to highest point on trail) but at a relaxed pace. Hikes will be chosen using All-Trails and/or South Carolina Hikes web apps based on distance, elevation change, and difficulty rating. Pace will be set by the speed of the slowest hiker and will include rest breaks after steep inclines as well as frequent photography and comfort stops. Downhill pace will be adjusted to allow hikers to avoid knee strain. Hiking locations will range from Pisgah National Forest in the North to Chattooga River in the south but will generally be within a 30-90 minute drive from Furman. Hikers should plan on starting from the trailhead 9:30 to 10:30 am and returning to the trailhead between 3:00 and 4 p.m.. This may require leaving the Herring Center parking lot as early as 8:30 a.m. and returning as late as 5:30 pm. Every effort, except rushing the slower

hikers, will be made to finish earlier but slow hiking does take longer.

Peter Sperry is an avid group and solo day hiker who enjoys challenging trails at a leisurely pace. Deborah York will assist with this course.

SNM1031 Topics in Physical Oceanography & Meteorology

Wednesday, 9-10:30 a.m., Herring Center, Piper (HC111), IP

The ocean and atmosphere are coupled in a manner that determines the global distribution of weather and climate. An awareness of the ocean-atmosphere connection is key to understanding temperature and precipitation variability anywhere on earth. The course will examine the physical principles that govern the motion of the air and seas and the interactions between them. Topics will include the general circulation of the atmosphere and oceans, ocean currents, wind and waves, extratropical and tropical cyclones, coastal processes such as erosion and sediment transport, a biographical sketch of a prominent oceanographer, and a peek into the science of limnology. This course will not focus on topics in biological or chemical oceanography.

Larry Lee had a 41 year career at six locations in the NOAA/National Weather Service. His background includes forecasting storms, wind, and waves in the Bering Sea, Gulf of Alaska, and along the Carolina coast.

PAH800 Woodcarving 101

Wednesday, 9 a.m.-noon, Herring Center, Graham (HC005), IP

This course is an introduction to woodcarving. We will begin with the basics of woodcarving, including safety, carving tools, and how to maintain them. Students will learn the basic knife strokes preparing for their first project. There will be a variety of projects provided to progressively improve skills. We will cover painting and finishing of the woodcarvings. The materials fee covers a new knife, glove, sharpening strop, and wood for projects. Materials fee: \$55 (due to instructor at first class).

Kent Ellison has been carving since 2003 and has won numerous awards in competitions. He is a 18-year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

RPH956 Anger Solves Nothing: Finding Alternatives to Anger & Blame

Wednesday, 10:45 a.m.-12:15 p.m., Meets online, Z

Even though we have a good heart certain people and certain situations seem to trigger feelings of anger and blame. When anger takes over it's easy to do and say things that are difficult to take back. Using teachings and meditations from Buddhist Psychology we can become skillful in recognizing and overcoming anger, learn to stop the "Blame Game," and replace our anger with peace and eventually even love. Each class includes guided meditation, a talk and time for Q & A. Recommended book: "How to Solve our Human Problems: The Four Nobel Truths" by Geshe Kelsang Gyatso (ISBN 0978906713).

Sharon Lovich is the Resident Teacher of Je Tsongkhapa Kadampa Buddhist Center in Asheville, N.C. She has been practicing meditation and Kadampa Buddhism since 2003.

LAN704 Beginning Spanish III

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004), IP

This class will continue as a basic introduction to the Spanish language and will include speaking, reading, writing, and listening activities. Beginning Spanish I and II are prerequisites for this class.

Emily Getz earned her Bachelor's degree in Spanish from Furman and her Master's degree in Education from Wake Forest. She has taught Spanish to students age 3 - 83 since 2002 and tries to make learning the language fun.

RPH971 Divine Love: A Spiritual Journey Into the Heart of Islam

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Small Arts/Crafts (HC113), IP

This course aims to explore the Tradition of Love in Islam. We'll read A. Helwa's "Divine Love: A Spiritual Journey into the Heart of Islam" book about two exemplary personas, namely Jalaluddin Rumi (d.1273) and Fethullah Gulen (b.1938-) as the pioneers of Divine Love in Islam. The course will start by investigating the historical and philosophical origins of Spirituality in Islam, its essential tenets and practices. Then we will move on to Rumi, a paramount historical figure of love, to explore the reflections of Sufi tradition in his life and his pivotal work Mathnawi through poetic translations of Coleman Barks. A special emphasis will be given to the contemporary reflections of love in the works of Fethullah Gulen and his legacy will be explored by surveying Hizmet Movement, which is a transnational network of people that aims to serve humanity through education, social work, and dialog. Participants in the course may expect to obtain a firm understanding of Divine Love in Islam. Required book: "Secrets of Divine Love: A Spiritual Journey into the Heart of Islam" by A. Helwa (ISBN 1734231203).

Dr. Akif Aydin serves as president of the Atlantic Institute. He has his masters degree in Educational Leadership/Policy Studies from Florida State University and his PhD in economics from Clemson University. Dr. Aydin teaches economics at USC Upstate.

ACLM250a Experienced Writers Hone Their Craft

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105), IP

If your goal for the spring is to kick up your writing skills, this is the class for you! Experienced Writers will help you to create and communicate through concept development, solid drafting, and revision as you journey on a path toward more effective achievement in your personal writing skills. This is not a class in basic grammar and punctuation. Structure and usage

are tools for compelling prose and poetry. Weekly writing prompts will open your personal creativity, and you will receive instructor feedback on each submission. Participants may also offer elements of their long-term writing projects, both fiction and non-fiction. Class size is limited so that every student has ample opportunity to participate. Completion of a writing course or demonstrated experience is required.

Dr. Judith Chandler is a retired Furman professor, and she has taught at OLLI since its inception. She is also an artist and community volunteer.

HFE597 Line Dance 101

Wednesday, 10:45 a.m.-12:15 p.m., Herman W. Lay Physical Activities Center, Dance Studio, IP

Try beginning line dance for a fun way to exercise! Participants will learn some of the easier and simpler line dances from the line dance repertoire. Step-by-step instructions will be provided. Dance provides benefits for the cardiovascular system, bones, memory and balance. No prior experience with line dance or any other type of dance is required, and repeat participants are welcome. Wear comfortable clothing and keep your water bottle nearby.

Theresa Pizzuto is an international folk dance teacher and has been teaching since 1997. She is known for her clear, relaxed teaching style and enjoys helping others discover the joy of dance.

LAN777 The Attic Nights of Aulus Gellius

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102), H

When you think of Latin, you probably don't think of Aulus Gellius, the man St. Augustine called "vir elegantissimi eloquii et facundae scientiae." The Advanced Latin Class will enjoy translating 8 excerpts from the Noctes Atticae, 20 books of Aulus Gellius published in 180 A.D. In these books he recorded fascinating public and private antiquities, history and biography, grammar, philosophy,

Friday Bonus Trips & Events

- | | | |
|--|---|---|
| BTE1153 Spring Ephemerals of Jocassee Gorges
Mar. 24, 8 a.m.-3 p.m., IP | BTE1425 Greenville's New Public Works Facility
Apr. 14, 10 a.m.-noon, IP | BTE1601 String Quilting
Apr. 28, 10 a.m.-noon
HC113, IP |
| BTE1588 Two Mass Head on Ideal Collision
Mar. 24, 10 a.m.-noon
HC110, IP | BTE1598 Exploring Bald Rock
Apr. 14, 10 a.m.-noon, IP | BTE1602 Extensive Autograph/Letter Collection
Apr. 28, 1-2:30 p.m.
HC004, IP |
| BTE1451 Photographing Gardens
Mar. 24, 10 a.m.-1 p.m.
HC004, IP | BTE1595 Entry Level Solar System
Apr. 14, 1-3 p.m.
HC105, IP | BTE1125 Turkish Cooking
May 5, 10 a.m.-noon,
HC105/106, IP |
| BTE1589 12 Bar Blues
Mar. 24, 1-2 p.m.
HC105, IP | BTE1596 Lennon, the Mobster & the Lawyer
Apr. 14, 1-3 p.m.
HC110, IP | BTE1603 Meditation 101
May 5, 10 a.m.-noon
HC104, IP |
| BTE1542 Carter Family Winery
Mar. 24, 1-2:30 p.m., IP | BTE1597 Bridging the Political Divide
Apr. 14, 1-4 p.m.
HC004, IP | BTE1604 Safe Harbor 101
May 5, 10 a.m.-noon
HC004, H |
| BTE1540 Meals on Wheels
Mar. 31, 8:15-10:30 a.m., IP | BTE1544 Creating Art with Alcohol Inks
Apr. 21, 9:30 a.m.-noon
HC005, IP | BTE1606 Fox Carolina News Tour
May 5, 11:15 a.m.-1:30 p.m., IP |
| BTE1590 Tax Legislation Effects
Mar. 31, 10-11 a.m.
HC104, H | BTE1118 SC Governor's School for Arts
Apr. 21, 10 a.m.-noon, IP | BTE1134 Self Defense Against Falls 101
May 5, 1-3 p.m.
HC110, IP |
| BTE1591 Photo Tributes
Mar. 31, 10 a.m.-noon
HC004, IP | BTE1600 Feed and Seed Food Hub
Apr. 21, 10 a.m.-noon, IP | BTE1605 Electric Vehicles and Batteries
May 5, 1-3 p.m.
HC004, IP |
| BTE1105 Inside Artisphere
Mar. 31, 1-2 p.m.
HC004, IP | BTE1140 Japanese Gardens
Apr. 21, 10 a.m.-1 p.m.
HC004, IP | BTE1609 Sustainable Laundry
May 12, 10 a.m.-noon, IP |
| BTE1592 F. Scott Fitzgerald
Mar. 31, 1-3 p.m.
HC105, IP | BTE1599 GLOW Lyric Theatre
Apr. 21, Noon-2 p.m.
HC005, IP | BTE1607 Pre-planning End-of-Life Decisions
May 12, 10 a.m.-noon
HC004, IP |
| BTE1198 Liberia, South Carolina
Mar. 31, 1-3 p.m.
HC110, IP | BTE1158 Ayurveda for Seniors
Apr. 28, 9 a.m.-noon
HC105, IP | BTE1608 A Father & Daughter on the Camino
May 12, 1-2:30 p.m.
HC004, IP |
| BTE1593 What's New in Animal Welfare?
Mar. 31, 1-3 p.m., IP | BTE1142 Kilgore-Lewis House/Garden Tour
Apr. 28, 10 a.m.-noon, IP | BTE1145 Furman Libraries 101
May 12, 1-3 p.m., IP |
| BTE1594 Camping with Kierkegaard
Apr. 14, 10-11:30 a.m.,
Herring Center Terrace, IP | BTE1554 Parkinson's Disease
Apr. 28, 10 a.m.-noon
HC104, IP | |

law, literary criticism, conversations with great men in which he himself took part, and excerpts from over 275 Greek and Roman writers, the works of many of whom are otherwise now entirely or in great part lost. Along the way we'll discuss the background and significance then and now of the excerpts chosen.

Ginny Anderson formerly taught Latin at Furman and currently teaches fourteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

CEB1707 Retirement Wealth Management

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Piper (HC111), IP

In this course, we will discuss dozens of important retirement wealth management ideas. Investment ideas include ways to build low-cost, diversified portfolios that produce income and growth. Tax ideas include ways to reduce taxes on distributions from 401(k)s and IRAs. Risk management ideas include ways to pre-fund long term care. Estate planning ideas include ways to minimize probate fees and other estate settlement costs. Please note: this class is not designed for beginners; students should have a good working knowledge of retirement finance. Materials fee: \$25 (due to instructor at first class).

Bland Burkhardt and Robby Flink are Wealth Advisors at Goepper Burkhardt. They both maintain the Certified Financial Planner designation. In addition, Bland Burkhardt is registered as a CPA in the state of South Carolina.

RPH903 The Hebrew Prophets III

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, President's Conference (HC103), IP

In this course we will read and discuss the Hebrew prophets - Isaiah, Jeremiah, Ezekiel, and the twelve minor prophets. The course will continue over the entire year - fall, winter and spring terms, but it is not necessary to commit to the entire course. We will discuss the historical backgrounds of the prophets, their

literary art, and their messages. Emphasis will be on an interactive discussion-oriented class.

Fred Leffert is a Greenville physician with a lifelong interest in Jewish Studies. He has taught several Hebrew classes since 2000.

ACLM138 Themes, Memes & Schemes: Music, Poetry & the Human Condition

Wednesday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110), IP

This course will explore an eclectic selection of songs and poems (and some artwork) from a variety of periods/genres, that are linked by a (sometimes tenuous) thematic unity. We will listen to songs, read poems, and look at works of art, well-known and obscure, that illuminate something important about the human condition. Themes may include, but not limited to: Love and Loss, Happiness, Fire and Water, Running Away, Coming Home, Time, Innocence and Experience.

Tony Owens is a semi-retired business consultant and instructional developer with post-graduate degrees in English and American Literature and teaching experience on the undergraduate and adult-learning levels. He has previously taught OLLI courses on Bob Dylan, Characters of the Renaissance and Traditional Music.

PAH834 Woodcarving 201

Wednesday, 1 p.m. - 4 p.m., Herring Center, Graham (HC005), IP

Prerequisite for this class is Woodcarving 101 or having some woodcarving experience. You should be able to maintain sharp tools and have proper safety equipment. Returning students will have projects or request new ones that will be supplied. New students will choose a project available or be assigned one to get started. Assorted carving tools will be available for use. Painting and finishing options will be discussed towards the end of term. Methods to keep tools sharp will be covered. The materials fee will cover all projects provided by the instructor. Materials fee: \$25 (due to instructor at first class).

Kent Ellison has been carving since 2003 and has won numerous awards in competitions. He is a 18-year member of the Piedmont Wood Carvers Club. Kent has been teaching at OLLI and elsewhere since 2006.

PHO1655 Backyard Nature Photography

Wednesday, 1:30-3 p.m., Herring Center, Piper (HC111), IP

Are you interested in taking photos of birds and other living things in your yard? Or, have you already tried backyard nature photography, but feel like there is more to learn about getting good shots? Discover the fun of getting delightful photos of familiar, and perhaps some not so familiar, natural wonders in your own backyard. Whether you are a total novice or have some experience with a digital camera, this course may give you some helpful tips and techniques you can use to explore the fascinating world of nature photography. In this course, the instructors will show photos of various birds, flowers/plants, insects and other animals they have taken in their yards. They will also discuss several of the key topics that novice or beginning nature photographers may want to consider, such as: creating a nature-friendly habitat in your yard; the kinds of food that attract birds and other pollinators; the kinds of flowers and plants that attract birds and other pollinators; how to set up a do-it-yourself bird photo platform; sighting and photographing birds and other wildlife; the best time of day for nature photography; the camera equipment and lens combinations the presenters use to photograph nature in their yards; some of the camera settings the presenters use in their nature photography; the editing software the presenters use to process their photos on a Mac/PC; and options for sharing your photos online.

Bernard Robin is a retired university professor and passionate nature photographer. Carol Paulk is a retired technical college computer information systems instructor, department head, and dean. She enjoys the challenges of nature photography.

HIS679 Decade of the 60s

*Wednesday, 1:30-3 p.m.,
Herring Center, Crabtree (HC110), IP*

In this course we will cover the comparisons of the 50s to the 60s. Topics include the Vietnam War and how it changed, Civil rights, Women's Lib, and the politics of the decade - including the assassinations of JFK and MLK, the green movement, and Woodstock.

Lucy Hoffman graduated from Clemson with a Master's in History and taught eight years at Greenville Tech. She has written six books, one in which she interviewed 13 upstate Vietnam Veterans on their experiences.

RPH951 Developing Influence Through Empathy

*Wednesday, 1:30-3 p.m.,
Herring Center, Huff (HC105), IP*

We all have a basic need to connect with others, and the most lasting form of influence is about making connections with people. Empathy is the quality that creates heart-to-heart connections, so it plays an important role in our interpersonal relationships. This course will explore the nature of influence and empathy, how they are anchored in our identity and integrity, and how specific practices and skills cultivate these qualities. We will discuss the significance of listening, dialogue, reflection, and taking responsibility. The presentations will include lectures, discussion, and visual materials based upon Mike's recent book, "The Influential Christian: Learning to Lead from the Heart."

Mike Andrews, retired telecom engineer, has an MDiv degree from Erskine Theological Seminary and a DMin from Duke. He has served in church ministry for many years: teaching, preaching, organizing, and training leaders.

PAH895a Everyday Zentangle

*Wednesday, 1:30-3 p.m.,
Herring Center, Campbell (HC004), IP*

This class explores the world of Zentangle and the use of tangling as an everyday practice. New patterns and techniques will be examined and used. Fear not - this is not just the same old Zentangle. This is a mid-level class that recommends some prior Zentangle knowledge. Practice is suggested. Materials fee: \$40 (Due to instructor at first class).

Pam Stevenson, a life-long artist in various media, has practiced Zentangle since 2012 and is a Certified Zentangle Teacher (CZT).

LAN750 Keeping Latin Alive

Wednesday, 1:30-3 p.m., Herring Center, Vick Seminar (HC102), H

Latin Via Ovid is a continuing Latin course for those who have previously had Latin. It's an exciting, innovative way to learn Latin using the mythology of ancient Greece and Rome as our text. The basics of the language are clearly explained, along with the English grammar which many of us have not previously had. The myths are incredibly fascinating and their stories, while possibly not all known to us in the original, are present in surprising ways in our own lives daily. It's an enriching, joyful experience. This is our most requested Latin text in our program at OLLI and a great chance to continue your intermediate Latin study. "Translating or reading Latin means understanding and detecting the truth, and then letting it speak once again in our own language. Interpretative effort turns into the pleasure of discovery, of recovery, of illumination, one of the most gratifying of human experiences." - Nicola Gardini. Required book: "Latin Via Ovid" by Norma Goldman and Jacob Nyenhuis (ISBN 0814317324).

Ginny Anderson formerly taught Latin at Furman and currently teaches fourteen courses of Latin to adult retirees online. She has taught at OLLI since 2005.

SNM1072 Physics: The Search for Reality II

Wednesday, 1:30-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

Quantum mechanics, often referred to as particle physics, is the basis for much of today's technology. However, much of it is not well understood even by practitioners. It is one of, if not the most, accurate theories in all of science. But it is certainly not intuitive and is decidedly different from our everyday experiences. In this course we will take a look at quantum mechanics from inception by Max Planck and Einstein to Neils Bohr, Heisenberg and his uncertainty principle, Schrodinger and his famous cats and others. As time permits we will also take a look at string theory and how it may tie many of the theories of physics together into a single theory of the universe.

Joe McCarty is a retired professional engineer with an interest in how the world operates and the theories which make our technological progress possible.

RPH927 The Foundations of Jewish Ethics

*Wednesday, 1:30-3 p.m.,
Herring Center, President's Conference (HC103), IP*

We will read and discuss a tractate of the Talmud dealing with ethical behavior and the good life, emphasizing those aspects which influence modern Jewish attitudes.

Fred Leffert is a Greenville physician with a lifelong interest in Jewish Studies. He has taught several Hebrew classes since 2000.

OLLI Course Calendar | March 20-May 12, 2023

Monday

9-10:30 a.m.

- HFE513 **High Country Hikers***
(Davis/Vissage) HPL, IP
8:30 a.m.-4 p.m.
- HFE501 **Monday's Hiking*** (Greer)
HPL, IP 8:30 a.m.-4:30 p.m.
- PAH833 **Beginning American Mah Jongg***
(Bornmueller/Weyler)
HC113, IP 9 a.m.-noon
- HFE554 **Chair Yoga**
(Honore) HC110, IP
- CEB1742 **Impacts of Income Inequality**
(Johnson/Hubble) HC004, IP
- ACLM191 **Ukulele 101** (Morris)
HC111, IP
- HIS605 **Christians in Early Muslim Society** (Zampaki) Z

10:45 a.m.-12:15 p.m.

- PAH821 **Beginning Poker**
(Knox) Z
- HFE517 **T'ai Chi (Ziemer)**
HC110, IP
- RPH970 **The History of Christian Theology**
(Gillespie) HC111, IP
- SNM1094 **The Cosmic Calendar**
(Nedved) HC005, IP
- ACLM168 **Flannery O'Connor**
(McMaster) HC004, IP
- PAH876 **Space Rummy**
(Lauber) HC104, IP
- PAH823 **Indian Cooking** (Mehrotra)
HC105/106, IP

1:30-3 p.m.

- ACLM101 **Acrylic Painting***
(Rice) HC005, IP 1-4 p.m.
- PAH895b **Everyday Zentangle***
(Stevenson) Z, 1:30-3:30 p.m.
- HFE562 **Yoga for the Optimal You***
(Ried-Barton) HC110, IP
1:30-2:45 p.m.
- HIS681 **Curiosity Cured** (Fletcher)
HC111, H
- RPH909 **Heaven, Hell, Or???**
(Gillespie) HC004, IP
- ACLM159 **Fiction Writing II Workshop**
(Burns) HC113, IP
- PPG1320 **Psychology of Poverty**
(Templeton) HC105, IP
- ACLM119 **Introduction to Great Books**
(Laliberte) Z

Tuesday

9-10:30 a.m.

- HFE515 **Aquacize*** (Parker/Buschmann)
Pool, IP 9-10 a.m.
- HFE509 **Gentle Walking*** (Sperry) HPL, IP
9 a.m.-2 p.m.
- HFE589 **Let's Get Stronger!*** (Martin)
HC110, IP 9-10 a.m.
- ACLM186 **Guitar III** (Howell/Enloe)
HC111, IP
- ACLM120a **Let's Read & Talk**
(Scieszka/Shakiban) HC102, IP
- ACLM120b **Let's Read & Talk**
(Scieszka/Shakiban) Z
- LAN782 **Caesar's Gallic War Advanced**
(Anderson) Z
- ACLM272 **Woody, Pete & Arlo**
(Maurer) HC004, IP
- PPG1318 **Carl Jung** (Atkins) HC105, IP
- PAH864 **Advanced Beginners Bridge***
(Clancy/Clancy) HC113, IP
10 a.m.-noon

10:45 a.m.-12:15 p.m.

- PAH813 **Crochet 101** (Nuernberg)
HC005, IP
- HIS683 **The Great Debate** (Manning)
HC103, IP
- SNM1073 **Destination Mars** (Satko)
HC110, IP
- PHO1643 **Intermediate Macro Photography**
(Singer/Markway) HC102, IP
- HIS627 **Transcontinental Railroad**
(Hermes) The Woodlands, IP
- HIS682 **From the Real West to the Reel West**
(Duncan) HC004, IP
- ACLM144 **Shakespeare** (Dembin)
HC111, IP

1:30-3 p.m.

- PAH808 **Cross Stitch Specialty Stitches***
(Tymonko) HC103, IP, 1-3 p.m.
- PAH891 **Polymer Clay Jewelry*** (Huck)
HC113, IP, 1:30-3:30 p.m.
- CEB1706 **Foundations of Investing**
(Smith) HC005, IP
- LAN776 **Caesar & Cambridge**
(Anderson) Z
- PHO1648 **Lessons From Paris**
(Hosek/Sarvis) HC102, IP
- PAH832 **Journey of a Cigar**
(Strother) HC110, IP
- PAH840 **Honey Beekeeping**
(Dover/Gardner) HC004, IP
- PPG1367 **Whole Brain Thinking**
(Huck) HC113, IP

3:15-4:45 p.m.

- HFE578 **S.E.A.T.*** (Martin/Taylor)
HC110, IP, 3:15-4:15 p.m.
- CEB1709 **Women & Wealth** (Bevan)
HC105, IP
- PAH877 **Fly Fishing 101**
(Grose) HC004, IP
- RPH967 **BOLD Leadership**
(Anderson/Grant) HC111, IP

Wednesday

9-10:30 a.m.

- HFE539 **Aqua Zumba*** (Blanco)
PAC Pool, IP, 9-10 a.m.
- HFE510 **Peter's Slow Hiking***
(Sperry/York) HPL, IP
9 a.m.-5:30 p.m.
- PAH800 **Woodcarving 101*** (Ellison)
HC005, IP, 9 a.m.-noon
- SNM1031 **Physical Oceanography & Meteorology** (Lee) HC111, IP
- PAH812 **Birds & Society**
(Quinn) HC004, IP
- HIS622 **History of U.S. Army Special Forces**
(Fensom/Carpenter) HC110, IP

10:45 a.m.-12:15 p.m.

- CEB1707 **Retirement Wealth Management**
(Burkhardt/Flink) HC111, IP
- ACLM250a **Experienced Writers**
(Chandler) HC105, IP
- LAN777 **The Attic Nights of Aulus Gellius**
(Anderson) HC102, H
- RPH903 **Hebrew Prophets I**
(Leffert) HC103, IP
- RPH971 **Heart of Islam** (Aydin) HC113, IP
- LAN704 **Beginning Spanish III**
(Getz) HC004, IP
- ACLM138 **Music, Poetry & the Human Condition**
(Owens) HC110, IP
- RPH956 **Anger Solves Nothing**
(Lovich), Z
- HFE597 **Line Dance 101** (Pizzuto)
PAC Dance, IP 10:30 a.m.

1:30-3 p.m.

- PAH834 **Woodcarving 201*** (Ellison)
HC005, IP 1-4 p.m.
- PAH895a **Everyday Zentangle***
(Stevenson) HC004, IP
1:30-3:30 p.m.
- RPH927 **Jewish Ethics** (Leffert) HC103, IP
- SNM1072 **Physics II** (McCarty) HC113, IP
- RPH951 **Developing Influence Through Empathy**
(Andrews) HC105, IP
- LAN750 **Keeping Latin Alive**
(Anderson) HC102, H
- HIS679 **Decade of the 60s**
(Hoffman) HC110, IP
- PHO1655 **Backyard Nature Photography**
(Robin/Paulk) HC111, IP
- HFE533 **International Folk Dance**
(Zweigoron) PAC Dance, IP

3:15-4:45 p.m.

- SNM1003 **Quantum World** (Jarocho)
HC105, IP
- CEB1736 **Grazing Greenville***
(Foster/Leidlein)
Meets offsite, IP, 4:30-7 p.m.
- HFE566 **Intro to Weight Lifting*** (Smith)
Meets offsite, IP, 3:30-4:30 p.m.
- HIS608 **The Holocaust** (Hoffman)
HC110, IP

Thursday

9-10:30 a.m.

- HFE515 **Aquacize*** (Parker/Buschmann)
PAC Pool, IP, 9-10 a.m.
- PHO1614 **Photography Walkabout***
(van den Broek/Dohm)
HC104, IP, 9 a.m.-noon
- HFE512 **Wildflowers & Waterfalls***
(Richards/Hughes/Dansby)
HPL, IP, 9 a.m.-4 p.m.
- ACLM173 **Seven by Sondheim**
(Malvern) HC110, IP
- RPH932 **Ancient Religions of India**
(Mehta) HC111, IP
- HFE560 **Tennis** (Whitlinger)
Mickel Tennis Cts, IP
- PAH888 **Bridge: Intermediate***
(Clancy/Clancy) HC113, IP
10 a.m.-noon

10:45 a.m.-12:15 p.m.

- SNM1070 **Star Trek Universe II***
(Bradshaw/Myers) HC111, IP
10:45 a.m.-12:45 p.m.
- PPG1381 **Dynamic Aging Program III***
(Tower/Tower) Z
10:45 a.m.-12:45 p.m.
- CEB1761 **Great Decisions 2023**
(Johnson/McGrath) HC004, IP
- ACLM250b **Experienced Writers**
(Chandler) HC105, IP
- PHO1624 **Digital Photography**
(Sarvis) HC102, IP
- HIS685 **Interesting Characters**
(Henry) HC110, IP
- ACLM109 **Write Life**
(Moston) HC005, IP
- PAH811 **Lace and Cable for Beginners**
(Buono) HC103, IP

1:30-3 p.m.

- PPG1353 **Handling Tough Conversations***
(Pittman) HC105, IP, 1-4 p.m.
- ACLM132 **Botticelli's Secrets**
(Kelly) HC110, IP
- HIS664 **History of Early South Carolina**
(Greer) HC111, IP
- SNM1066 **Infinity, Imaginary
Numbers & Uncertainty**
(Mawby) HC113, IP
- PAH830 **Let's Knit a Cotton Sweater**
(Buono) HC103, IP
- PAH829 **The Art of Papercutting**
(Stoop) HC005, IP
- PPG1385 **Dementia Dialogues**
(Dubois) HC004, IP

Friday

9-10:30 a.m.

- HFE503 **Rock Stars***
(Stuck/Hill)
Contact Instructor, IP
8 a.m.-4 p.m.
- HFE504 **Anthony's Hiking***
(Cicone) HPL, IP
8:30 a.m.-4 p.m.
- HFE538 **Pickleball II***
(Derr/Hamilton)
NV-J Tennis Cts, IP
9-11 p.m.
- LAN787 **Spanish II** (Davalos)
HC111, IP

10:45 a.m.-12:15 p.m.

- HFE524 **Martial Arts for Life**
(Pilcher) HC110, IP

Lunch & Learn Tuesdays

Speakers from the community will present a variety of interesting topics. Free and open to the public, 12:30-1:20 p.m., HC110. Invite your friends.

March 21 **Aligning Growth & Opportunity: How Hollingsworth Funds is Contributing to a Vibrant, Just & Inclusive Greenville**
Gage Weekes, President/CEO of Hollingsworth Funds, Greenville SC

March 28 **The Peace Center's \$36 Million Expansion: What's It All About**
Margaret Meadows, Vice President Development & Megan Riegel, CEO/President, Peace Center

April 4 **What You Can Do about Climate Change**
Dr. Geoffrey Hebron, Professor of Sustainability Sciences, Furman University

April 11 **Technology Makes the Impossible Possible**
Sandy Hanebrink, OTR/L, CLP, EAOTA, PLY & Executive Director, Touch the Future

April 18 **Post and Courier's New Local Newspaper in Greenville and Spartanburg: Who, What, Why and When**
Ryan Gilchrest, Editor, Post and Courier, Greenville SC

April 25 **Knee Health Seminar: Resilient Knees for Active Aging**
Tim Varghese, PT/DPT, Movement Solutions, Greenville SC

May 2 **Our Mayor: What's Happening in Greenville**
Knox White, Mayor, City of Greenville

May 9 **Our Favorite Books**
Linda Kelly, OLLI member/instructor

Please note class formats: Z = Zoom, IP = In-person or H = Hybrid.

*Please note class times as they are different from regular schedules.

Thursday Lunch Book Clubs

MYSTERY READING GROUP

HC004 12:30-1:15 p.m.

Contact: Judy Pearson at
judypearson@bellsouth.net

Books for the Spring Term are:

- March 30 **"Razorblade Tears"**
by S. A. Cosby
- April 13 **"The Harbor"**
by Katrine Engberg
- April 27 **"The Dark Hours"**
by Michael Connelly
- May 11 **"Overboard"**
by Sara Paretsky

ROGUE READERS

HC004 12:30-1:15 p.m.

Contact: Gayl Glover at
ggonstarsong@hotmail.com

Books for the Spring Term are:

- March 23 **"The Exiles"**
by Christina Baker Cline
- April 6 **"Surviving Savannah"**
by Patti Callahan
- April 20 **"City of Thieves"**
by David Benioff
- May 4 **"The Seven Husbands
of Evelyn Hugo"**
by Taylor Jenkins Reid

HFE533 International Folk Dance

Wednesday, 1:30-3 p.m., Herman W.
Lay Physical Activities Center, Dance
Studio, IP

International Folk Dance promotes world community through dance. Get a gentle work out while enjoying the favorite music and social dance of the Balkans, Europe, the Americas, Israel and beyond - and learn a little about the culture and geography of these countries as well! IFD is a coed activity but requires no partner; dances are primarily done in lines, circles and individually with simple and approachable steps. The fitness level required is similar to beginner hiking; the ability to walk 3-4 miles at a moderate pace with slight elevation. This class will include some dances from prior IFD classes at OLLI and will include an opportunity to request dances.

Beth Zweigoron has practiced, studied and taught International Folk Dance since 1972. She founded Greenville International Folk Dancers and served on IFD boards in Minneapolis, Greenville and North Carolina.

SNM1003 An Introduction to the Quantum World

Wednesday, 3:15-4:45 p.m.,
Herring Center, Huff (HC105), IP

Quantum mechanics is the study of matter and energy at the atomic and subatomic scale. It turns out that the behavior of matter on this tiniest of scales is very, very different from how we perceive the macroscopic world around us. The quantum world is weird, wonderful, and closer to our everyday lives than we think. As scientists are learning more about how we are able to see, touch, taste and smell our world - they are finding that it all comes back to quantum theory. For example, if you have ever seen a heating element on a stove glow red, you are actually observing a phenomenon that led to the birth of quantum mechanics. The compact fluorescence light bulbs we use aren't really producing white light, they are actually making 6 to 7 very specific and distinct colors, those allowed on the atomic scale. Our eyes just perceive them as white when we view all those colors at the same time. Finally, if you have every gone to the

doctor and had an MRI, that imaging technology relies on an entirely quantum mechanical property of hydrogen nuclei called "spin." In this course, we will learn about the great minds of the 20th century who developed the theory, and why they had to reimagine how the physical world worked. Then we'll explore some of the theories founding principles and strange consequences on how we interact with and perceive our surroundings. Recommended book: "Quantum: A Guide for the Perplexed" by Jim Al-Khalili (ISBN 1780223951).

Lauren Jarocha is an Assistant Professor of Chemistry at Furman. Her research explores how the quantum property of spin can be used to turn molecules into a miniaturized version of a magnetic compass.

HFE566 Intro to Weight Lifting

Wednesday, 3:30-4:30 p.m.,
Meets offsite, IP

This course will be on the basics of weight training and meets downtown Greenville. The instructor will go over anatomy and biomechanics of lifting weight in a safe and effective manner. There will also be a hands on implementation of lifting techniques for the classical lifts. The goal of the course is to give people a base of knowledge to perform free weight exercises.

Alex Smith has earned his Bachelor's Degree in Kinesiology and Master's Degree in Kinesiology. He has been in the fitness field for over a decade and has worked in Sports, Physical Therapy, and medical practice.

HIS608 The Holocaust: 1931-1939

Wednesday, 3:15-4:45 p.m.,
Herring Center, Crabtree (HC110), IP

This course will cover the era from when Hitler was made chancellor through the German attack on Poland, and the beginning of the war. Note: This will be a difficult subject.

Lucy Hoffman formerly taught three semesters at OLLI on the Holocaust. She has a master's in History from Clemson and focused on the Holocaust in graduate school.

CEB1736 Grazing Greenville

*Wednesday, 4:30-7 p.m.,
Meets offsite, IP*

The class will explore international restaurants in the Greenville area. Most restaurants will give a tour and provide a brief history, their specialties, and any upcoming specials/events or tidbits of interest. Participants will then stay for dinner at their own expense. RSVP requirements will be 48 hour notification to the instructor or other named person before the class meets. The restaurants will be a mix of locally owned restaurants. Some sites may require using stairs. This four-week course meets every other week beginning March 22 and ending May 3.

Jacqui Foster and Janis Leidle in eating out at restaurants in the Greenville area. They also enjoy sharing their love of good food with others.

Thursday

RPH932 Ancient Religions of India

*Thursday, 9-10:30 a.m.,
Herring Center, Piper (HC111), IP*

This course will delve into the philosophies of three ancient religions that originated in India – Hinduism, Jainism, and Buddhism (Hinduism and Jainism are prehistoric religions; Buddhism dates back to around 600 BC). We'll take a comparative look at the fundamental beliefs in all three religions. Karma (our actions and their effects) and liberation are fundamental concepts in all three religions; however, there are clear differences between them in the analysis of these concepts and ways to incorporate the resulting understanding in life; we'll review these and other similarities and differences. The course will look at the flexibility of path in Hinduism, a path based on deep analysis of its fundamental tenets in Jainism, and a clear and concise approach presented in Buddhism. Some of the aspects to be covered include concepts of: God, Karma, and Yoga in Hinduism, Ahimsa (nonviolence), deep analysis of Karma, and austerities in Jainism, and the Four Noble Truths and the Eightfold Path in Buddhism.

Ajay Mehta has taught courses on Hinduism and Jainism at OLLI since 2017. He developed his understanding of the ancient religions in India through reading and research.

PHO1614 Photography Walkabout

*Thursday, 9 a.m.-noon, Herring Center,
Computer Lab (HC104), IP*

Each week we will explore a nearby location and discover photographic opportunities to meet assigned themes/topics. We will practice looking past the usual and familiar to capture locations in new ways. Our locations will be within an hour drive of Furman (often closer) and last about 3 hours including travel time. We will not carpool from the Herring Center to diverse locations, but encourage carpooling when location allows. Class members must have a good knowledge of their camera equipment and be able to walk over uneven terrain and climb steps. We expect a good knowledge of post processing programs so we can produce interesting and thoughtful images. We will meet in the classroom twice during the term for image sharing and discussion.

Both Gordon Dohm and Ali van den Broek have enjoyed photography through the years. They have considerable experience with photography with OLLI and enjoy sharing their knowledge with others.

ACLM173 Seven by Sondheim

*Thursday, 9-10:30 a.m., Herring Center,
Crabtree (HC110), IP*

Stephen Sondheim has been an iconic presence on Broadway for the last 70 years. His shows have reformed the foundational principles of American Musical theater; he has created some of the most challenging and enduring shows ever written. When asked how he decides whether to pursue a project or not, Sondheim responded, "If it scares the hell out of me, I generally go for it." Join Dr. Gary Malvern as he explores 7 different musicals by Stephen Sondheim. After an introductory session of biographical information and discussion of Sondheim's attitudes about writing music and lyrics, the class will examine one musical each week. Musicals will include "Sweeney Todd," "Company,"

"Pacific Overtures," "Into the Woods," "Assassins," "Sunday in the Park with George" and "Merrily we Roll Along."

Gary Malvern is a professor of music history at Furman University.

HFE560 Tennis: The Game of "Love"

Thursday, 9-10:30 a.m., Mickel Tennis Center, Tennis Courts, IP

Did you know tennis is the only game whose score has "love" in it? Did you know that the sport of tennis uses pretty much all muscles? It really is a fun and social sport! The instructor is passionate about sharing the game of tennis with people who wish to learn it or improve on it. Join the course to learn techniques/tips on topspins, forehands, backhands, volleys, and footwork. Beginners and Intermediate levels are welcome. Please bring a tennis racket to class.

Katrina Whitlinger grew up playing tennis, and earned a full-ride tennis scholarship to play at UT Martin and Cal State Fullerton. Her husband, head men's tennis coach at Furman, also comes from a big tennis family.

HFE512 Wildflowers and Waterfalls

Thursday, 9:00 AM - 4 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

This is a slow hiking experience for people who want to see what lies beyond the roads, places that can only be experienced by those who travel on foot. We will not be in any hurry and will take the time see what lies along the way. The hikes will not be difficult and are suitable for beginning hikers but will present some challenges. They will typically be 3 or 4 miles. In the spring, we emphasize the area's wild flowers but we will try to include a waterfall in most hikes. Basic hiking gear and appropriate footwear is required but nothing elaborate. Meet in the parking area across the road from the Herring Center and be prepared for an all-day adventure.

Jeff Richards, Mike Hughes and Jim Dansby will lead this hike.

PAH888 Bridge: Intermediate

Thursday, 10 a.m.-noon, Herring Center, Small Arts/Crafts (HC113), IP

This course is for players who know the basics and want to bring their game to the next level. Our goal is to provide an enjoyable and challenging learning experience which will enhance your understanding and appreciation of the game and improve your results at the bridge table. We will cover many facets of the game with the focus on competitive bidding and its effect on the play of the hand. Subjects covered include: weak-two bids, preemptive bidding, overcalls, takeout and negative doubles and cuebid raises. Classes will consist of a lecture, quiz and practice play which will help you internalize the material. Upon completion, you should be a better competitor and more successful player.

John Clancy is an accredited bridge teacher with over 25 years experience and a Gold Life Master. Karen Clancy, a sectional master, will assist with this course.

SNM1070 Challenging Issues Form the Star Trek Universe II

Thursday, 10:45 a.m.-12:45 p.m., Herring Center, Piper (HC111), IP

This new two hour discussion course will explore a different collection of Star Trek episodes from the Original Series, Next Generation and Voyager. It is a sequel to the well received winter term Collection #1. For more than 50 years the Star Trek franchise has boldly taken us to far off corners of the galaxy while also exploring contemporary issues here on Earth. Each class meeting will screen one full episode. We will then discuss the concepts and issues that are illustrated in that episode. Topics may include: history, politics, science, technology, ecology and social/moral issues. This is conceived as a discussion course not a lecture course. Our goal is to share our personal knowledge, beliefs and observations so come prepared to participate in friendly discussion. We will share our ideas but not seek to change other people's minds.

Bill Bradshaw, retired science museum director, has a lifelong interest in space

exploration. He is a frequent OLLI instructor on the topics of space and gardens. John Myers will assist with this course.

PHO1624 Digital Photography: Beyond the Basics

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Vick Seminar (HC102), IP

If you are comfortable with the basic operation of your digital camera and the fundamental principles of photography, this proactive class will take you to the next level! We will help expand your understanding of your equipment's capabilities, try advanced techniques like Macro and HDR, and through group projects, help you become a more proficient and creative photographer. An interchangeable lens or equivalent camera is required. Proficiency levels 2 or 3 recommended.

Jeff Sarvis is a retired architect with urban photography experience in the area of architecture, and landscaped venues.

PPG1381 Dynamic Aging Program (DAP) III

Thursday, 10:45 a.m.-12:15 p.m., Meets online, Z

If you feel there is something more you could be doing to improve your current retirement, then you may want to consider taking this class. The Dynamic Aging Program (DAP) is a proactive and systemic multi-course curriculum, open to all OLLI students, based on continuing personal growth, and the emergent realization of our unique potential as we get older. This term, the DAP will explore how we can help our body and mind to achieve the homeostasis it needs for optimal health and development. In other words, if we can learn to reduce our chronic stress and negativity (which is the "root cause" of most major illness and death in older adults), we can more easily maintain an equilibrium between our body, brain, and environment – thereby significantly improving our ability to live a longer, and happier retirement. The DAP will expose you to what you don't know about your own aging process, fill

in the missing information and its systemic connection to the whole, and explain what you can do to make your retirement as meaningful and healthy as possible. The subject matter of this class is perhaps the key to optimal aging for most of us -- and possibly even "living in general." So, don't miss it.

Dudley Tower, Ph.D. has been teaching psychology, personal development, and optimal aging classes at OLLI since 2004. His wife Christine Tower, MBA has been the DAP co-instructor since 2018, and will co-teach during this term.

ACLM250b Experienced Writers Hone Their Craft

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Huff (HC105)

If your goal for the spring is to kick up your writing skills, this is the class for you! Experienced Writers will help you to create and communicate through concept development, solid drafting, and revision as you journey on a path toward more effective achievement in your personal writing skills. This is not a class in basic grammar and punctuation. Structure and usage are tools for compelling prose and poetry. Weekly writing prompts will open your personal creativity, and you will receive instructor feedback on each submission. Participants may also offer elements of their long-term writing projects, both fiction and non-fiction. Class size is limited so that every student has ample opportunity to participate. Completion of a writing course or demonstrated experience is required.

Dr. Judith Chandler is a retired Furman professor, and she has taught at OLLI since its inception. She is also an artist and community volunteer.

CEB1761 Great Decisions 2023

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Campbell (HC004), IP

This class will discuss world issues: 1. Energy Geopolitics, 2. War Crimes, 3. China's Foreign Policy, 4. Economic Warfare, 5. Elections in Latin America, 6. Global Famine, 7. Iran & the Gulf States and 8. Climate Migration.

Students will use the Great Decisions discussion book. (Book available for \$30 to be paid when picked up at OLLI office. Make check payable to Furman University.) Thirty minute videos from the independent Foreign Policy Association and selected current references will also be utilized for each session to help facilitate class discussions.

David Johnson and Bob McGrath are retired businessmen with an interest in current affairs. They have taught Great Decisions at OLLI since 2016.

HIS685 Interesting Characters in History

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110), IP

Interesting characters has a different instructor each week and covers numerous subjects. The topics and instructors will include: Elon Musk by Bob McGrath, Bela Kiraly by Jim Nicholson, Original Choctan Code Talkers by Margaret Oakes, Bill Russell by Bill Bridges, Andrew Mellon by Peter Baum, Dwight Eisenhower part II by Tim Henry, Joel Poinsett by Jim Hammond and Anne Bradstreet by Lynne Shackelford.

This class will have a different presenter each week.

PAH811 Let's Knit a Cable Hat

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, President's Conference (HC103), IP

If you have the basic understanding of how to knit but would like to learn how to knit lace patterns and cables this class is for you. We'll learn how to read a knitting chart and knit the pattern. Our goal each week is to try a new pattern to build our skills and confidence. To do this we'll focus on knitting patterns in a dish or wash cloth size product. Please bring to class: 100% cotton #4 worsted weight yarn; size 7, 8, or 9 size needles; a cable needle (I will explain this in the first class but you won't need it until later classes), and a tapestry needle for weaving in end

Heather Buono is an internet taught knitter who has enjoyed learning new knitting skills since 2016.

ACLM109 Write Life

Thursday, 10:45 a.m.-12:15 p.m., Herring Center, Graham (HC005), IP

Write Life - in vignettes. These short snapshot scenes from moments in time can stand alone or be part of a larger story, whether fiction or nonfiction. The vignette uses evocative imagery and sensory details to give readers a glimpse into an episode from a life. Students will write (from weekly prompts) a collection of scenes that can be the start or finish of a memoir or fictional piece. This class will be particularly useful for those who want to write some of their stories but don't want to tackle a full-length narrative. Note: This course follows a similar format as Fall22 but includes different topics, exercises, and examples.

Marcia Moston is the author of two books. She has contributed to several magazines, newspapers, and anthologies. She especially likes to help others write their stories.

PPG1353 Art of Handling Tough Conversations

Thursday, 1-4 p.m., Herring Center, Huff (HC105), IP

We all have difficult conversations, no matter how confident or competent we are. Too often, no matter what we try, things don't go well. Should you say what you're thinking and risk damaging the relating? Or swallow your views and feelings, and be a doormat? This course shows you ways out of this dilemma. It teaches you skills that will increase the likelihood of success when you have challenging conversations. It will help you make your intimate partnerships more enjoyable and your relationships with your adult children far better than a war zone. Learning will take place via lecture, stories, discussion, role plays, and demonstrations. By enrolling in this course, you commit yourself to experimenting with new behaviors and receiving coaching. Please sign up in another term if you will miss more than one class in the term - each class builds on the prior one.

Esther Pittman has a doctorate from Harvard, worked as a consultant to executives in industry, was a tenured,

full Professor of Management, awarded university's Best Professor Award and her Professional Society's National Distinguished Professor Award for "Outstanding Contributions to Management Education."

ACLM132 Botticelli's Secrets

Thursday, 1:30-3 p.m., Herring Center, Crabtree (HC110), IP

Five hundred years ago, the Medici family commissioned Sandro Botticelli to illustrate all one hundred cantos of Dante Alighieri's Divine Comedy. The exquisite illustrations reveal a "gripping encounter between poet and artist, between the religious and the secular, between the earthly and the evanescent." The illustrations ARE the Renaissance. But the illustrations disappeared. Missing for over 400 years, they were rediscovered in the 19th century. Scholars and art lovers were astounded by their beauty and the conflicting ideas revealed in Botticelli's illustrations. The rediscovery is ranked as even more important in the world of art than the rescue of the invaluable art stolen during WWII. Botticelli's work embodies the Renaissance and everything it has come to mean in our modern world. Join me as we seek answers to our own lives through Botticelli's amazing illustrations of Dante's Divine Comedy.

Linda Kelly, retired Greenville County teacher, has a masters degree in Liberal Arts. She enjoys teaching the fabulous people in her OLLI courses.

PPG1385 Dementia Dialogues

Thursday, 1:30-3 p.m., Herring Center, Campbell (HC004), IP

Are you one of the 199,000 family members in South Carolina providing care for someone with Alzheimer's or another dementia disease? Maybe you are worried about becoming one of the 6 million Americans currently living with these diseases. That number is projected to rise to 13 million by 2050. Dementia diseases are more than memory loss; they are complex disorders, and the most expensive and incurable of all diseases. Education can't cure them, but by learning how to fulfill the need for graduated

care, we can raise our awareness and empower each other to be better caregivers and more healthy selves. The University of South Carolina's Dementia Dialogues(R) is an evidence-informed nationally registered course designed to do just that. Join us to become that more empowered community member. This four-week course ends April 13.

Dorinne Dubois is a Family Caregiver Advocate and Educator at the Appalachian Council of Governments Area Agency on Aging. She is a Certified Dementia Practitioner, Dementia Dialogues Instructor.

HIS664 History of Early South Carolina

Thursday, 1:30-3 p.m., Herring Center, Piper (HC111), IP

South Carolina has a very colorful and interesting past. The goal of this class is to highlight the people and events that made this history from Precolonial to the Royal Period. Lecture, hands-on artifacts, and primary sources will be utilized to "bring the past to life."

Larry Greer, Ph.D is a retired history teacher. He has written history curriculum materials for the state, and for national book publishers.

SNM1066 Infinity, Imaginary Numbers, Uncertainty & All That Jazz

CANCELLED

Survey of various mathematical/physical concepts that are crucial for our modern scientific understanding of the universe. We will explore each of these powerful ideas in their own right, and for their impact on the latest physical theories. The concepts include transfinite numbers, surreal numbers, imaginary numbers, the uncertainty principle, incomputability, and undecidability. The emphasis will be on the concepts behind these numbers without worrying about any mathematical details.

Bill Mawby has a Ph.D. in Biomathematics. He has taught multiple OLLI courses on science topics. Bill has done extensive consulting work, had 5 books published, and has authored around 25 patents.

PAH830 Let's Knit a Cotton Sweater

Thursday, 1:30-3 p.m., Herring Center, President's Conference (HC103), IP

My favorite knitting project, a sweater. A pattern will be provided or you can bring your own. Plan is to have a nice top for the summer months. A pattern will be provided prior to the first class. During the first class we'll discuss materials and swatching.

Heather Buono is an internet taught knitter who has enjoyed learning new knitting skills since 2016.

PAH829 The Art of Papercutting

Thursday, 1:30-3 p.m., Herring Center, Graham (HC005), IP

Scherenschnitte, papirklip, wycinanki -- all European words meaning paper cut with scissors. In this hands-on class we will learn about the styles and techniques of this international folk art. Using small curved scissors, we will cut, fold, layer and glue paper as we explore Polish, German and other traditions of paper cutting. In addition to using some patterns, students will learn to create and cut their own designs. No experience is needed but students should have the ability to see, hold and cut paper. Materials fee: \$30 (due to instructor at first class) for high quality scissors, plain/painted papers and supplies.

Barbara Stoop is a retired Presbyterian minister and member of the Guild of American Papercutters. She has taught at the John C. Campbell Folk School.

Friday

HFE503 The Rock Stars

Friday, 8 a.m.- 4 p.m., Meets offsite, IP

Explore the mountain trails of Upstate South Carolina and Western North Carolina. Hike 6 to 10 miles at a moderately strenuous to strenuous pace. Please clear physical activity with your physician before registering. Bring water, lunch, and hiking gear including sturdy footwear. Carpool.

Willie Stuck will lead these hikes. Mike Hill will assist.

HFE504 Anthony's Intermediate Hiking

Friday, 8:30 a.m.-4 p.m., Herring Center, Parking Lot (rt. of Timmons), IP

We will be hiking distances of plus or minus four to twelve miles with elevation gains approximating as much as two thousand feet. This will be an intermediate hiking experience at a pace of plus or minus two miles per hour, depending on the elevation changes, trail conditions, water crossings, etc. We will take time to stop along the trails to take in water falls, panoramic views, tranquil lakes and gurgling streams. Before beginning every hike we will allow time for stretching. We will try to make our lunch stops at places with beautiful views and we will sometimes stop to identify various types of flora.

Anthony Cicone, retired Presbyterian Minister, has been walking through the woods since he was a child. He still enjoys sharing this form of recreation with others.

LAN787 Beginning Spanish II

Friday, 9-10:30 a.m., Herring Center, Piper (HC111), IP

This course will begin with a quick review of Beginning Spanish I. Spanish II will provide more vocabulary, idiomatic expressions, and past tense of regular and irregular verbs to start basic conversations. This class is designed for those who have a basic knowledge of the Spanish language and want to learn more grammar.

Rudy Davalos is a graduate of the College of Education from La Paz-Bolivia. He teaches private Spanish classes and tutors students of all levels.

HFE524 Martial Arts for Life

Friday, 10:45 a.m.-12:15 p.m., Herring Center, Crabtree (HC110), IP

Karatedo Doshinkan is a unique martial art that traces its origins back to the Okinawan schools of karate. Karatedo means "the way of the empty hand" and Doshinkan means "the way of the school of the heart." Our classes emphasize a balance between physical techniques, healthy movement, eastern philosophy, and mind-body connections. There is no competition in our classes; instead we focus on individual effort and on working together to understand our movements. To accomplish this, our classes focus primarily on learning and repeating "hard" and "soft" techniques (hard techniques as

seen in many karate movies and soft techniques as seen in Tai Chi). We also work to learn series of techniques in a specific order, called kata, and practice controlled partner training where we carefully work together to understand how our movements can work and their impact on our body as well as another person. We also consider different aspects of eastern philosophy and how those can be applied in our trainings and our lives. This four-week course begins April 21.

June Pilcher has been training in Karatedo Doshinkan for over 35 years. She holds an 8th degree black belt and the title "Shihan." June has taught Doshinkan classes for over 30 years.



Offsite Locations

THE WOODLANDS AT FURMAN

HIS627 The Building of the Transcontinental Railroad

Tuesday, 10:45 a.m.-12:15 p.m.,
The Woodlands, Camellia Room, IP

The digging and blasting by Chinese immigrants for the Central Pacific and the grading and rail-laying of Civil War veterans for the Union Pacific closed the 2000 mile link between Omaha and Sacramento in 1869. The railroad reduced a cross country trip from three months to ten days. The eight-year adventure had its heroes: Abraham Lincoln, the visionary engineer Theodore Judah, the construction geniuses Strobridge and Casement. It had its financiers; the California Big Four and the Ames Brothers (whose greed was somehow essential to the completion of the road). And it had its villain, the shady, brilliant, avaricious, and driven Thomas C. Durant. The railroad came at the great cost, the extermination of the Bison and the crushing of the nomadic culture of the Plains Indians. The course will have a nineteenth century look, using photography of the Gilded Age to tell the story (just the photos were intended) along with contemporary visits to sites that were important in the original construction.

Matthew Hermes Ph.D. is a retired scientist who has visited, lived in and studied the west for 30 years. He presented this popular story last in 2020.

NOTE: This course is open to all OLLI members.

Friday Bonus One-Day Trips & Events

BTE1153 Spring Ephemerals of Jocassee Gorges

March 24, 8 a.m.-3 p.m., IP

Join South Carolina Master Naturalist, Seth Harrison, to identify some of our early blooming wildflowers featuring Oconee Bells, Trillium, and many other species. We will visit Nine Times on Highway 11 and other sites where wildflowers are plentiful during that period when the days are getting longer but the trees have not formed their shady canopies. With luck, the spring frogs in an old pond will entertain us. See and photograph them and learn some of their natural histories as well. Carpool from Furman to Nine Times and bring a lunch to enjoy outdoors. There will be walking on natural trails with uneven terrain for 1-3 miles with some moderate elevation gains. Bring water and snacks, dress in layers and wear appropriate shoes. No material fee unless we travel to Devils Fork State Park (\$5 entry fee) and carpool gas money. Distance from Furman: 25 miles. **Limit 18**

BTE1588 Two Mass Head on Ideal Collision

March 24, 10 a.m.-noon, HC110, IP

The current two mass collision solution method involves using given parameters from before and after a collision to solve the problem. Treatment of the problem in this fashion assumes a partial solution and therefore negates the desired cause and effect format that is preferred in a Newtonian world. This event puts forth a proposed "collision mechanism" that allows the problem to be solved in a cause and effect manner. Alan Henderson, instructor of this event, studied mechanical engineering but now spends much of his time researching physics topics. **Limit 50**

BTE1451 Photographing Gardens

March 24, 10 a.m.-1 p.m., HC004, IP

This introduction to garden photography will focus on using a cell phone and other simple digital cameras to capture gardens. The course will include composition, techniques, and simple post-processing to enhance the images you capture. It will also explore ways of "seeing" gardens with suggestion content for your own garden. After the presentation, attendees will carpool to Stoney Waters Garden at the top of Paris Mountain. There you will explore the garden designed and built by Bill and Dee Bradshaw where attendees are welcome to practice their photography. The visual presentation will last approximately two hours and the garden visit

will add an additional hour. Bill is a retired science museum director who has presented many garden programs at OLLI. He and his wife Dee are avid gardeners. Distance from Furman: 3 miles. **Limit 25**

BTE1589 12 Bar Blues

March 24, 1-2 p.m., HC105, IP

With no previous piano experience necessary, learn to play the 12 Bar Blues on a piano keyboard. The right hand improvises using the blues scale while the left hand plays a walking blues pattern. Attendees must bring their own keyboard. Leading this event will be piano instructor Phyllis Dunne, a past President of Nebraska Federation of Music Clubs and Private Music Instructors of Omaha and a Master Artist with the Nebraska Arts Council. **Limit 20**

BTE1542 Wine Tasting and Tour of Carter Family Winery

March 24, 1-2:30 p.m., IP

This 90-minute event will focus on the steps involved in the wine making process. You will see our wine making equipment, bottling and all things associated with wine production. The winemakers at Carter Family Wines will show class participants how wine is destemmed, crushed, pressed, aged, bottled, corked, and labeled. Participants will enjoy wine tastings from the newly released 2020 vintage of Cabernet Sauvignon red blends and 2021 Albarino (white wine). Instructors will be Jon-Michial and Catherine Carter, winemakers at Carter Family Winery. Food fee of \$30 (cash) due to instructor at time of class (charcuterie provided). Distance from Furman: 7 miles. **Limit 50**

BTE1540 Meals on Wheels: What's it all About

March 31, 8:15-10:30 a.m., IP

Join Muriel Taylor, Director of Volunteers and Community Engagement, for an overview of the process for a Meals on Wheels day. The group will receive an introductory talk, tour the kitchen, observe the meal packing and observe the drivers as they load the meals that go out to their drop site locations. Because of the timeliness to observe meal preparation, please be at the Meals on Wheels office by 8:15. Distance from Furman: 8.5 miles. **Limit 10**

BTE1590ab Tax Legislation Effects on Retirees

March 31, 10-11 a.m., HC104, H

Recent legislation has the potential to impact retirees' income and legacy in profound ways that few really understand. In many ways, the Pension Protection Act and Secure Act (versions 1.0 and 2.0) are like a trojan horse that appears to be a gift but comes at a cost. During this event, we will investigate actions that you need to take now to prepare for the future impact of current tax legislation. Join Paul Himmelstein, CLU, ChFC and Neal Angel, MBA who specialize in advising boomers with strategies to preserve their retirement savings and increase their retirement income to leave a financial legacy for their family. **Limit 150**

BTE1591 Photo Tributes to Blue Ridge Escarpment/Tour of Hogback Mountain

March 31, 10 a.m.-noon, HC004 IP

Enjoy the views, mountains, waterfalls, wildflowers and selected little known history of the Southern Blue Ridge Escarpment. The first 50 minutes will be a slide show presentation of the history of Hogback Mountain including rare period photographs and architectural ruins bringing to life a lost period of time in the Roaring Twenties in Greenville County. The second 50-minute presentation of the Southern Blue Ridge Escarpment will span the natural beauty of the Blue Ridge's mountains, streams and wildflowers all set to music. Join Jim Stehlik, a published author and former leader of the Glassy Mountain Hiking Society, and Maggie Brooks, the Society's noted nature photographer, for this interesting event. **Limit 40**

BTE1105 Inside Artisphere

March 31, 1-2 p.m., HC004, IP

What does it take to put on this three-day festival? It takes a full-time, dedicated team of at least four interns, hundreds of volunteers, supporting businesses and philanthropies, and dedicated work from the city of Greenville. Learn how artists and musicians are selected, why Artisphere is so popular with the artists, how the necessary volunteers are recruited, and how the festival continues to evolve within the community. Kerry Murphy, Artisphere's show director since 2007, will lead this event. She oversees all aspects of planning and implementing the event that brings more than 70,000 people to downtown Greenville to enjoy a range of activities surrounding the arts. **Limit 40**

BTE1592 F. Scott Fitzgerald and "The Great Gatsby"

March 31, 1-3 p.m., HC105, IP

During this event, we will examine a biographical summary of the interesting and tragic lives of F. Scott and Zelda Fitzgerald and also discuss his classic novel, "The Great Gatsby." We will also detail the quality and imagery of Fitzgerald's writing style and some of the symbolism contained in his book. Ronald Ciancio, a former attorney in Illinois who retired as Senior Vice President, General Counsel and Secretary of GATX Corporation, will lead this event. **Limit 30**

BTE1198 Liberia, South Carolina: An African-American Appalachian Community

March 31, 1-3 p.m., HC110, IP

Based upon the book by the same title, this presentation describes the oral history of "Liberia," a community of African Americans in northern Pickens County. Descendants of freed slaves, Liberia's residents have dwindled from hundreds in the nineteenth century to less than a dozen today. Largely through the efforts of Mable Owens Clarke, the family matriarch, the community persists. The story of this community documents the agency by which African Americans in the predominantly "white" space of Southern Appalachia struggled and eventually triumphed. Books will be available for purchase (cash or checks only): \$30. Dr. John Coggeshall, a Clemson professor in anthropology and the book's author, will lead the discussion. **Limit 120**

BTE1593 What's New in Animal Welfare?

March 31, 1-3 p.m., IP

Animal welfare is changing in positive ways, across the nation and in the Greenville community. Partners in Animal Care, a registered 501(c)(3), supports the programs and initiatives of Greenville County Animal Care which is the state's largest open-admission animal shelter. Join us for a shelter tour and talk with shelter administrators and members of the Partners' board of directors. Learn about the many good things that are happening for companion animals in this community and explore ways to become involved. Please wear comfortable walking shoes and dress casually. Shelly Simmons, Director of Greenville County Animal Care and President of the SC Animal Care and Control Association, has worked in animal welfare for 25 years. Distance from Furman: 3 miles. **Limit 20**

In order to give all members a chance to take a BTE, we limit everyone during the initial registration period to two BTEs. OLLI Notes, published weekly, will list available spots throughout the term. You will be contacted by email about two weeks prior with instructions and/or directions.

BTE1594 Camping with Kierkegaard: Philosophical Thoughts on a Life of Faithfulness

April 14, 10-11:30 a.m., Herring Center Terrace, IP

This event will be a philosophical lecture about the idea of faithfulness as a way of life. Although faith is often understood as a matter of religious belief without evidence, the presenter will draw on existentialist philosophy to suggest that faith is ultimately a matter of "risk with direction." This approach allows for a more robust conception of lives of meaning and purpose detached from ideas of external "success." By using examples from the outdoors (camping, mountain biking, hiking, fishing, etc.), he will propose that, in a world where despair and anxiety loom large, we all would benefit from doing a little "camping with Kierkegaard." Dr. Aaron Simmons, a Professor of Philosophy at Furman, will lead this event. Attendees will meet in HC110 if there is inclement weather.

Limit 100

BTE1425 Tour Greenville's New Public Works Facility

April 14, 10 a.m.-noon, IP

Greenville recently moved the Department of Public Works from West Greenville to a new \$26 million Public Works campus south of I-85. This department is responsible for the maintenance of the city's infrastructure and for the collection and disposal of residential solid waste. The new facility includes buildings for administration, operations (Solid Waste, Stormwater, Wastewater, Streets, and Sidewalks), Fleet Services (nationally ranked), and a combo vehicle wash/fueling facility. This tour will be led by Dave Derrick, interim Public Works Director. Ben Carroll, Operations Manager, Wayne Owens, Sr., Operations Manager and Scott McIver, Fleet Manager, will assist during the tour. Distance from Furman: 14 miles. **Limit 20**

BTE1598 Exploring Bald Rock: The Old and the New

April 14, 10 a.m.-noon, IP

Bald Rock Heritage Preserve is a 165-acre property in northern Greenville County owned and operated by South Carolina Department of Natural Resources since 2001. It is a spectacular granite outcropping within the Mountain Bridge Wilderness offering views of Table Rock and mountain ridges in Pickens and Greenville Counties. Unfortunately, the property has often been abused since the 1970s and is sometimes referred to as "graffiti rock" due to that abuse. This event will educate about the Heritage Preserve, how it should be used, and inform of opportunities for involvement in steering Bald Rock into a better future. A history of Bald Rock from its geologic formation through the opening of Geer Highway and access to Bald Rock will be presented. Also discussed will be the formation of Friends of Bald Rock (www.friendsofbaldrock.com)

to work on preservation, improvements and plans for the future. We will tour some areas of property and volunteers will be on hand to answer questions. Bring a boxed/bag lunch, water and a folding or camping chair. Lisa Hunter, Secretary/Treasurer of Friends of Bald Rock Heritage Preserve and retired middle school teacher, will lead this event. Distance from Furman: 15 miles.

Limit 40

BTE1595 Install an Entry Level Solar System

April 14, 1-3 p.m., HC105, IP

This event is designed to provide information on how to select and install a basic, entry level solar system with a "budget first" approach. We will look at "off-grid" systems that include a battery system to provide power at night or in backup situations and also explore options for the various system components while looking at basic sizing requirements for your power requirements. Key to this event is presenting concepts in layman's terms in a straightforward, easy-to-understand manner. We will look at the approval process and some issues that you're likely to encounter and wrap up with an overview of the financial incentives available as well as cool things coming with new incentives supporting the move to electric appliances. Leading this event will be Mark Leidlein, who holds degrees in Information Systems and Marketing and is an avid supporter of solar energy systems. **Limit 25**

BTE1596 Lennon, the Mobster and the Lawyer: The Untold Story

April 14, 1-3 p.m., HC110, IP

Attendees at this event will view a 90-minute DVD of a multi-media show performed at the Gunter Theatre in Greenville by the presenter. It will detail his experience as John Lennon's attorney from 1975-1977 in a US federal court trial in New York City. It will be followed by a question-and-answer session while he discusses his book "Lennon, the Mobster and the Lawyer: The Untold Story" which was published on May 1, 2022. Jay Bergen, the presenter, was a trial attorney for 45 years in New York City. **Limit 120**

BTE1597 Bridging the Political Divide

April 14, 1-4 p.m., HC004, IP

The divisiveness in our country is palpable. We all see it...feel it. Many of us have had difficulty discussing politics among those with different views. Such attempts often lead to anger or, minimally, withdrawal or avoidance. Braver Angles is a national organization dedicated to bringing Americans together to bridge the partisan divide. It has a proven successful approach to engagement with those of other beliefs and opinions. This educational program will provide participants with knowledge, skills and tools to have productive conversations across political divides. Eric Ireland, Co-

Chair of the Palmetto Alliance of Braver Angles (PABA), has served in leadership positions in many non-profit and community organizations and Erin Oeth, Co-Chair of PABA, is a professional in the field of group facilitation with a focus on bridging divides.

Limit 30

BTE1544 Creating Art with Alcohol Inks

April 21, 9:30 a.m.-noon, HC005, IP

Join us for this fun, exciting workshop using alcohol inks to create beautiful, vibrant, abstract paintings. Demonstrations will be given of different techniques and you can try them all or choose the ones you prefer. This is a beginner level class for those interested in learning about this colorful medium, but you are welcome to attend if you have worked with alcohol inks in the past. WEAR OLD CLOTHES and/or an apron and BRING A ROLL OF PAPER TOWELS. All other supplies are included in the fee. Attendees may bring a snack for the break. Materials fee: \$45 (due to instructor at event). Vicki Van Vynckt (www.vanvyncktfineart.com), who paints in oils, alcohol inks and other mediums and has taught art for over 20 years, will lead this event. **Limit 16**

BTE1118 SC Governor's School for Arts and Humanities Tour

April 21, 10 a.m.-noon, IP

Join Visual Arts Outreach Teaching Artist, Daphne Cuadrado-Andino, for an arts experience at the SC Governor's School for the Arts and Humanities (SCGSAH). Located in downtown Greenville, SCGSAH serves artistically talented high school students from across South Carolina in a pre-professional, residential school setting overlooking Falls Park. Frequently listed in the top 1% of all high schools in the country, the Governor's School blends artistic growth with academic success and student development. Come spend the morning participating in a campus tour and a hands-on art activity as we explore a day in the life of a "Govie." Your tour coordinator will reach out to discuss the itinerary further, along with parking information and any additional group needs. Distance from Furman: 5.5 miles. **Limit 20**

BTE1600 Tour of Feed and Seed Food Hub

April 21, 10 a.m.-noon, IP

Through networks, programs, and facilities, Feed and Seed Co. strives to improve the health and well-being of all citizens by increasing access to nourishing local foods and establishing a truly sustainable food system built on profitable farms and independent markets. Our community-rooted Food Innovation Hub plays a central role in the Feed and Seed Co. mission. Designed as a multi-purpose facility to support our local farmers and the community, it's a space that provides food growers and makers with the infrastructure and support systems

needed for success. As a one-stop-shop, we act as a "concierge" filling the gaps and increasing access to fresh, affordable local food within the Upstate Food and Nutrition System. This event, led by Celia Castellano who is Education and Outreach Coordinator from Feed and Seed Co., will be an introduction followed by a tour of the processing, cooking, storage and packaging areas. Distance from Furman: 5.5 miles. **Limit 30**

BTE1140 Design Elements of Japanese Gardens

April 21, 10 a.m.-1 p.m., HC004 IP

We will examine the design elements of Japanese gardens through an extensive photographic tour of many examples of this garden style. We will also discuss a brief history of Japanese gardens and concepts to consider for your own garden. Following the two-hour instruction, participants are invited for a visit to the Bradshaw's own Japanese garden. Bill Bradshaw, the presenter of this event, is a retired science museum director with avid interests in gardening, photography, space exploration and science fiction. He and his wife Dee have built and maintain an extensive garden on Paris Mountain. Distance from Furman: 5 miles. **Limit 40**

BTE1599 Welcome to the GLOW Lyric Theatre

April 21, noon-2 p.m., HC005 IP

Christian Elser will discuss his career as a performer and educator in opera and musical theatre as well as his role with GLOW Lyric Theatre, the Upstate's only opera and musical theatre company with a mission to promote social justice. He will also play musical examples (and maybe even perform a few with some friends) and talk about the joys and challenges of producing opera. Elser, co-founder and Executive Director/Resident Music Director of GLOW Lyric Theatre, has performed roles nationally with such organizations as the Chicago Opera Theatre, Lyric Opera Kansas City, Lyric Opera Cleveland, and Light Opera Oklahoma. **Limit 24**

BTE1158 Ayurveda for Seniors

April 28, 9 a.m.-noon, HC105 IP

Ayurveda translates to the knowledge of life and is considered the oldest form of medicine. It is a mechanism for identifying what may be out of balance within your body and provides options for treating this imbalance through modalities like diet, essential oils and lifestyle choices, with an emphasis on preventative care. The seminar will focus on the basics of this healing modality as it pertains to aging. This class will be taught by Sarah Troy, Ayurvedic Health Practitioner/Integrative Counselor and Heart-Based Meditation Instructor, who has completed over 4000 hours of training in order to help people create sustainable change they wish to see in their world. **Limit 40**

BTE1142 A City Garden: Kilgore-Lewis House and Garden Tour

April 28, 10 a.m.-noon, IP

Tour the historic Kilgore-Lewis House and Gardens. Built in 1838, it became the headquarters for the Greenville Council of Garden Clubs, Inc. in 1974. Moved from its original site to the present location on North Academy Street, the house is nestled among tall trees on sloping terrain, overlooking a restored spring, a placid pond, and extensive gardens which are certified both as an Arboretum and a Backyard Wildlife Habitat. The house and spring are listed on the National Register of Historic Places. The Greenville Council of Garden Clubs, Inc. takes pride in serving as custodian of this culturally significant property and in overseeing its preservation. Docents will share the history of the house through a tour inside, followed by a tour of the 5-acre beautiful garden which should be in full bloom. Presenters for this event will be Dana Thomason, president of the Greenville Council of Garden Clubs, and Sandra Hamann, Arboretum Chairperson. Distance from Furman: 6 miles. **Limit 25**

BTE1554 Parkinson's Disease: Lesser Known Symptoms

April 28, 10 a.m.-noon, HC104, IP

People know very little about Parkinson's Disease and most of those diagnosed discover they have been living with it for many years. Educating people on the early and lesser-known symptoms will help get people diagnosed and treated sooner, giving them the best opportunity to maintain a high quality of life. Leading the presentation is Jody Hamblett of Greenville Area Parkinson's Society who has spent more than two decades in non-profit leadership roles. **Limit 40**

BTE1601 String Quilting from Fabric Scraps

April 28, 10 a.m.-noon, HC113, IP

Learn how to do fabric string quilting and use up fabric scraps in your stash. It is quick (sort of), easy (pretty much) and enjoyable (a lot). Use this easy form of quilting to make pillows, placemats, baby quilts and other small or large creations. All materials are provided to make a traditional 12-inch log cabin square design. This will be a hand sewing project in class but it can be adapted to a sewing machine project at home. Materials fee: \$8. Leading this event will be Nikki Day, who describes herself as part "Old Hippy" and part "Susie Homemaker" and has taught baking and knitting classes for OLLI since 2009. **Limit 10**

Bonus Trip Cancellation Policy: Even though most one-day events are free, any cancellations after the Monday prior to an event or no-shows by members will be charged \$25 by OLLI.

BTE1602 The Name Droppers: An Extensive Autograph and Letter Collection

April 28, 1-2:30 p.m., HC004, IP

What do Jack Nicholson and basketball star Robert Parrish have in common? Hear the entertaining and surprising back-stories of the presenter's contacts with a wide variety of famous people. She will share how she received personal letters from Averill Harriman, Barbara Bush, Betty White and General Patton plus autographs in her collection of Bishop Tutu, Robert Redford, Maya Angelou and many more. Join current OLLI@Furman member Betty Watson as she discusses her collection which started in the 1970's, receiving her first autograph from Arthur Fiedler when she was 14. **Limit 40**

BTE1125 Turkish Cooking

May 5, 10 a.m.-noon, HC105/106, IP

This class is designed to give you an introduction to traditional Turkish cuisine, and it will be a demonstration and participation class. Come learn how to make traditional Turkish cuisine as we cook and taste all that it has to offer. Nevriye Koruk has been cooking Turkish food for many years, and she brings together simple ingredients to create delicious and nutritious food. Event fee: \$10. In order to provide others with the opportunity to attend this event, please do not register if you have previously participated. **Limit 20**

BTE1603 Meditation 101

May 5, 10 a.m.-noon, HC104, IP

What exactly is meditation? Why meditate at all? What are the three types of meditation and why does it matter which one you practice? These are just a few of the questions that will be answered in this workshop. No prior experience is necessary. This session is designed to help you understand the basics and become better informed of the benefits and misconceptions regarding meditation. The presenter for this event will be Sarah Troy, an Ayurvedic Health Practitioner and Integrative Counselor, who has completed over 4000 hours of training in order to help people create the sustainable change they wish to see in their world. **Limit 40**

BTE1604 Domestic Violence and Safe Harbor 101

May 5, 10 a.m.-noon, HC004, H

During this presentation, we will discuss the complex dynamics of domestic violence (including local and national statistics), barriers to leaving an abusive relationship, general safety planning tips, and Safe Harbor services. Following the presentation, we will conduct the interactive simulation "In Her Shoes" in which participants "walk in the shoes" of someone facing abuse from their intimate partner and learn

about the difficult decisions and barriers survivors face. Following the simulation, a Safe Harbor facilitator will lead a debriefing session in which participants can discuss and share their thoughts and insights. Kenny Sweigard, the Outreach Coordinator for Safe Harbor, a domestic violence agency operating in Greenville, Anderson, Pickens and Oconee Counties, will lead this event. **Limit 150**

BTE1606 Fox Carolina News Tour

May 5, 11:15 a.m.-1:30 p.m., IP

We will tour the news operations of Fox Carolina and the studios, offering a behind-the-scenes glimpse at what local TV stations do to cover news on the air and on digital platforms. Rob Thomas, a 36+ year veteran of the local TV news business and former reporter, sports anchor, news and sports producer, marketing producer and now Creative Services Director at Fox Carolina, will lead this event. **Limit 15**

BTE1134 Self Defense Against Falls 101

May 5, 1-3 p.m., HC110, IP

Think of this as a self-defense class against falls where the perpetrator is gravity. The three focuses of this course will be balance systems, balance reactions, and fall recovery. During the lecture, you will learn about the science behind these topics. In the "lab," you will feel and practice different strategies to respond to balance disturbances and fall recovery. Please wear athletic shoes; bringing a yoga/exercise mat is optional. Tori Stramara is a Doctor of Physical Therapy and trained Yoga Instructor. Throughout her clinical practice, she has specialized in neurological conditions including Parkinson's Disease, brain injury, and stroke. **Limit 25**

BTE1605 Renewable Energy: Electric Vehicles and Batteries

May 5, 1-3 p.m., HC004, IP

This event will update renewable energy storage systems, especially batteries. It will focus on electric vehicles while providing participants the information they need to make an informed purchase decision. We will especially cover vehicle range (range anxiety) and all charging methods. OLLI instructor Paul Jones will lead this event. **Limit 40**

BTE1609 Sustainable Laundry, Dry Cleaning and Cafe

May 12, 10 a.m.-noon, IP

This event will be a tour showing how laundry is reinvented here at Green Laundry Lounge (GLL). GLL is the first organic dry cleaning facility where bio-

degradable soap, conditioner and water is used to clean fabric. This self-service laundromat has energy star rated fast and efficient machines. The folding table, bistro table and wood wall were built using reclaimed wood from an old barn and church. GLL food is also farm-to-table and uses locally sourced ingredients, food and coffee containers which are also bio-degradable. There may be an opportunity for a farm-to-table tasting for a fee. Jay Desai, founder and Chief Visionary Officer of Green Laundry Lounge, will lead this event. Distance from Furman: 10 miles. **Limit 30**

BTE1607 The Talk of a Lifetime: Pre-planning End-of-Life Decisions

May 12, 10 a.m.-noon, HC004, IP

End-of-life decisions and considerations are never easy to discuss but having the knowledge, education, and understanding of the funeral planning process can make all the difference when you are confronted with loss. Whether creating an intentional plan for yourself or exploring the nuances of the funeral profession, an informed person can ensure family and friends have a wholesome and healing experience of loss. We will explore the why and the how of the funeral planning process and provide an opportunity to ask questions with a panel of funeral and grief professionals. Ryan Essington, Advance Planning Funeral Director for Thomas McAfee Funeral Homes in Greenville, SC, will lead this event. **Limit 40**

BTE1608 A Father and Daughter on the Camino and Beyond

May 12, 1-2:30 p.m., HC004 IP

What started as individual desires of hiking the Camino de Santiago for a father and daughter became an experience that they would enjoy together over six years, through three countries, and many trips. Bridging the age gap, the Camino has provided the duo an opportunity to grow both individually and together. Join us as we walk you through the history of the Camino, trip planning, unique experiences and lessons learned. Curtis Loftin and Liz Cotner, a father and daughter who love to travel and explore, especially on foot, will lead this event. **Limit 40**

BTE1145 Furman Libraries 101

May 12, 1-3 p.m., IP

Come visit the Furman University Libraries! Tour the building, get a library card, learn how to request and find books and much more! Join Miles Dame and Allison Diaz who work in the Furman University Libraries Outreach Department where they assist students with research and teach classes on how to conduct research using library resources and databases. **Limit 20**

Special Interest Groups

A Special Interest Group (SIG) is a group of OLLI members whose focus is a certain area of interest and social interaction. The following SIGs are already in place, and new SIGs are encouraged to form at any time. You do not need to register for SIGs, and there is no fee; however, you must be a current OLLI member to participate. Those interested in learning more about the SIGs below are encouraged to reach out to the contact person listed. Information about starting a new SIG is available in the OLLI Office and on the OLLI website. Questions? Contact Heidi Wright at heidi.wright@furman.edu or 864-294-2997.

Big Questions

The Big Questions SIG is for anyone with an interest in talking, listening, and thinking carefully about fundamental issues. We have pondered questions like: What is the meaning of life (and how do we recognize it)? Which is more fundamental, the individual or the community? Is reason co-extensive with science? The group as a whole decides what to discuss. Genuine interest in ideas is the only requirement of membership. We meet weekly. Contact Kevin McMurtrey at kevinmcmurtrey@gmail.com.

Bocce

The Bocce SIG offers OLLI members an opportunity to enjoy the game in a social, non-competitive atmosphere on the Furman grounds near the Herring Center. We play weekly during each term at a time agreed upon time by SIG members. Contact Jim Zickos at jzickos@charter.net.

Bridge

The Bridge SIG is for players with some experience. They meet weekly on Mondays at 1:30 p.m. in Manly Lobby of the Herring Center. More groups may form if there is enough interest. Contact Arnie Schlusberg at arnie.schlusberg@gmail.com.

Chess

This SIG is for all OLLI members who are interested in playing chess in person at the Herring Center. Beginners and experienced players are welcome. Contact Jan Blasenak at blaz49@aol.com.

Coffee, Tea & Bridge

This Social Bridge SIG is for experienced players who want to have fun playing, meet new players and learn/improve their skills at the same time. They meet weekly in the Herring Center Manly Lobby. Contact Jim or Merikay Pirrone at jim.pirrone@gmail.com.

Conversations on Racial Reconciliation and Unity

OLLI members have organized this SIG to provide a safe platform to facilitate conversations on racial reconciliation. Discussions will explore the sources of racial conflict and historical examples. Contact Patty Bynum at pbynum2@gmail.com or Molly Fitzpatrick at mollypfitz@gmail.com.

Euchre

This fast and fun trick-taking game has roots from Germany, but became very popular in the 1900's Midwest auto factories as laborers played during their brief assembly line breaks. Most self-respecting Buckeyes, Hoosiers, Michiganders and Illini were taught to play as children and even today, many families could not envision a Thanksgiving or Christmas Day without a rousing few games around the table. The Euchre SIG invites OLLI members that know how to play to come join them. Contact Greg Howat at gregoryhowat@gmail.com.

French

Êtes-vous Francophone? Vous êtes invité à un SIG où on parlera français. On peut pratiquer la belle langue, et on peut faire la connaissance d'autres qui parle français. The French Conversation SIG welcomes all French proficiency levels. Contact Marci Rehg at marcirehg@gmail.com.

Genealogy

A general group meeting to help people with genealogy research, "brick wall" problems, information sharing. There is a wealth of info waiting out there on the internet and in person searching. OLLI members interested must have taken the Genealogy class or had similar experience. Contact Sarah Rose at 2golfers@embarqmail.com.

Handchimes

This SIG is for those interested in playing music with handchimes. It is a group effort to produce beautiful music and have fun at the same time. The most

important skill is to be diligent and ring at the right time so as not to overpower your neighbor's note that is being rung at the "actual" right time! This is for ringers with some experience and the ability to read music is helpful. Contact Shelden Timmerman at hsheldentimmerman@gmail.com or Sharon Howell at jasminrc@icloud.com.

IMPROV-ing with Age

Would you like to have more fun in your life while making new friends and improving your mental agility, communication skills, spontaneity and ability to focus? The purpose of the IMPROV-ing with Age SIG is to use improvisational games to develop all of the above and have fun in a nonjudgmental, mutually supportive environment. No performance experience of any kind is necessary and there are no spectators! Contact Kathy Knox at kathyimprov@gmail.com.

Italian

This SIG meets via Zoom and focuses on conversational Italian with an emphasis on beginners to intermediate level Italian usage and knowledge. Our aim is to practice our Italian language skills while at the same time exploring new vocabulary. Contact Elisa Golden at e_m_golden@hotmail.com or Mary Jo Pruitt at mpruitt915@aol.com.

Jam on Pickers Guitar

This SIG is for guitar players who wish to swap licks and share songs and is open to any OLLI member who likes to play and sing. Meeting times and location are determined by SIG members each term. Contact Mike Sullivan at mlsatmrc@aol.com.

Knitted Knockers

The Knitted Knockers SIG helps women who have had mastectomies. We knit (and crochet) "Knitted Knockers" which are soft, lightweight breast prosthetics provided free of charge to women either to use pre-reconstruction, or as a more comfortable alternative to silicone prosthetics. All OLLI member knitters and crochet enthusiasts are welcome! Contact Catherine Sanchez at cathysanchez2005@yahoo.com or Sally Bornmueller at sally.bornmueller@gmail.com.

Mah Jongg

The Mah Jongg SIG is for experienced players who would like to get together weekly to play Mah Jongg. They also welcome those who have recently taken a Mah Jongg class or who are trying to brush up on some "rusty" skills. They currently meet at 1:30 on Wednesdays in Manly Lobby at the Herring Center. Contact Cathy Dwyer at cathd65@aol.com.

Meditation

For fellow OLLI members who have experience with meditation and would like to get together and practice meditation. We offer an informal session once a week where one can sit and meditate. Contact Liz Kelley at lizkelley05@gmail.com.

Mexican Train

This SIG is centered on the dominoes-based game, Mexican Train. All levels of play are welcome as players come together and play house rules in the Herring Center Manly Lobby. Contact Dwight Harding at dwightharding5@gmail.com.

Needlework

Bring your knitting or other handwork and join this group for knitting and conversation. The group decides meeting times and locations each term. Contact Debbie Bradley at dbradley273@gmail.com.

OLLI@Habitat

The OLLI@Habitat SIG is your chance to join OLLI members and work toward a meaningful purpose. It is the intention of the SIG to plan and participate in one Build day during each full OLLI term. The date will be determined by what is available with Habitat for Humanity and what we as a group are able and interested in helping with... probably not siding! SIG meetings will be "workdays" on actual Habitat for Humanity houses and members can participate as they are able. Contact Janet Aguilar at janetag1944@gmail.com.

OLLI Players

Olli Players SIG is designed for OLLI members who love the theater and enjoy being a part of the atmosphere, team and comradery that this SIG embraces. We have room for actors, carpenters, designers, stage managers and every aspect the theater has to offer. We strive to create 2 shows per year and without all the talent both on stage and off, it would not be possible. If you have a love of the theater and want to be part in any capacity, please let us know. We are a fun-loving group and you'll fit right in! Contact Mary Robert at mary.robert51@icloud.com or Francine Hachem at fhachem@aol.com.

OLLI Recorder Consort

Do you play the recorder – or did you play in the past? It's proven that music is good for the brain! Come join the OLLI Recorder Consort to awaken the joy of making music with others. We play music across a range of historic periods and types that are chosen by the group. Even if you have not played for a while, come join us. The group is open and welcoming to new members. Contact Sharon Howell at jasminrc@icloud.com or Judy Brooks at jandb1223@gmail.com.

OLLI-ukes

From “Buttoning Up Our Overcoats” to singing “Hallelujah”, OLLI-ukes is a SIG for members who enjoy playing and singing along with the Ukulele. Although it would be best for participants to know a few basic chords, (C, Am, F, G7) folks from all playing levels, including beginners, are welcome. We also encourage members who play other instruments to join us. We meet Mondays from 12:20-1:20 p.m. Contact Kevin Morris at kmorrisjkm@gmail.com.

Open Studios

The Open Studio SIG provides a welcoming place to work on your current painting and drawing projects. Share your interest in art and practice your skills with artists of all levels. Contact Paula Winiski at pwiniski@bellsouth.net.

Out and About Singles

This SIG is a group of single OLLI members who enjoy movies, plays, festivals and eating out together. Come and join us, make new friends, and help plan a calendar of fun. There is a lot to do in Greenville! Contact Betty Jo Shaw at shawrlbj@bellsouth.net or Sue Miller at suerebecca910@gmail.com.

Painless Penniless Poker

The Painless Penniless Poker SIG is for players who already know the rules for poker and with some experience. “Penniless” means we are not playing for money – only your pride is on the line! We play a variety of poker games each week from a list of “approved games.” Contact Dave Knox at ollidave@gmail.com or Dawn Boulos at dawnmlb.shopper@gmail.com.

Photography Travel

Formerly called the Photography SIG, which focused on local outings to photograph a range of subjects, the revised Photography Travel SIG offers overnight trips usually within a day's drive of Greenville. The emphasis remains on photography, friendship and sharing insights into creating compelling images. OLLI Notes will publish announcements for upcoming trips. For more information, please contact Peter Sperry at virginiahiker2@gmail.com.

Pickleball

The Pickleball SIG is for those who have already had an introduction to and know the basics of how to play this hybrid of badminton, tennis and ping-pong. If you know how to play, you know why it's a hit with seniors all over the country. Outdoor court time is scheduled multiple times weekly on the Furman Campus. Contact Karen Wright at karenawright@hotmail.com.

Scrabble

All Scrabble lovers are invited to join the Scrabble SIG. All skill levels are encouraged to join in the fun. Contact Merikay Pirrone at merikay58@gmail.com.

STEAM Tech Teams

The primary goal of this SIG is to promote STEAM (Science, Technology, Engineering, Art and Math) programs in local schools through 3D design and printing, competition robotics; machine learning; making and flying quadcopter drones; and exploring biomolecules and neuroscience. To learn more, see our website at www.STEAMTechTeams.com. All are welcome. You do not have to be technically oriented to participate in this extraordinary project. Training is available! Contact Reid Becker at Reid.Becker@gmail.com.

Sustainability SIG

The primary goal of this SIG is to gather OLLI members that share a passion to protect the Upstate natural environment. Contact Deb Grove at dg@debgrove.com or Kathy Dorman at kathyconrad1951@gmail.com.

Wine SIG

Designed for OLLI members interested in expanding their knowledge though sharing their appreciation of the grape, the Wine SIG meets as determined by its members. Options are visits sharing our favorite wines along a certain them, such as cabernet sauvignon or best reds under 415, structured tasting at local wine bars, tasting with experts on a particular region or grape, visits to local wineries and remote wine regions, sharing favorite wine infused and more. Contact Marilyn Bracy at Marilyn Bracy at winesensing@yahoo.com or Dan Scieszka at maddjs@att.net.

TRAVEL with OLLI

Beautiful Drives with Explore Up Close

If you like to explore... and contemplate the secrets of the universe, as they pertain to the surrounding area, then we have the trip just for you!



Explore South Carolina – Columbia Edition

April 24 – April 25, 2023

After our inaugural trip – exploring the historic High Hills of the Santee (Sumter County), and hearing first person accounts of trailblazing Civil Rights dramas (Clarendon County), we’re gearing up for our spring trip: two days and one night in Columbia, South Carolina’s 1786-planned capital.

We’ll travel in comfort by chauffeured coach, we’ll live and eat well in the heart of downtown, and we’ll enjoy the company of local experts as we plumb some of Columbia’s (and South Carolina’s) most interesting and compelling stories – on location.

Highlights and features will include guided touring of the Governor’s Mansion and the State House (Capitol building); lunch at McCutchen House – operated by students of the USC culinary school, on the historic “Horseshoe;” a guided driving tour of Civil War and Reconstruction-era sites; and lovely historic homes and gardens.

Trip price: \$680 / person; single supplement, \$90; price includes comfortable transportation, lodging with breakfast at the Cambria Hotel, downtown Columbia; two lunches and one dinner, all touring and entrances, gratuities for meals and the bus driver. Price does not include alcohol, trip insurance (recommended).

Sign up for this trip with your payment in the OLLI office (first come, first served).

You may also call 864.294.2998 to reserve your spot with your credit card.

Frequently Asked Questions

Where is the office located? The OLLI Office is located in the Herring Center for Continuing Education on the main level. If you enter the building at the front entrance, you will be in Manly Lobby, and our offices will be on your left past the Marvin Book Nook.

What is the wait list policy? If you sign up for a class that is full, you can choose to be put on a waiting list. We are limited by classroom sizes, time available to us, instructor comfort levels, and safety. If a class has a long waiting list, the Curriculum Committee works to secure the course for future terms. Please be patient if you are put on a waiting list; many times, we are able to open/move a class to handle the demand.

Are there any class rules? Out of consideration of other OLLI members, please arrive on time or wait to enter your classroom during the break. If you need to leave a class early, please leave at the break time. We also ask that members refrain from heavy perfume/after shave in respect to those with allergy issues. So that others may enjoy the topic, we request that members not repeat courses.

Do you have scholarships available? Yes. If you need financial assistance, please contact Nancy Kennedy at 864.294.2979.

How do I use the Hearing Loop? Members can check out headphone sets from the OLLI Office prior to their classes held in HC004, HC110 and HC111. These headphone sets will assist those without hearing aids.

Why do you not accept credit cards via mail or in the office? For Furman's and your security, we request that when paying for courses in the office or by mail that members use check or cash.

How do course packages work? Members can buy a 6, 9, or 15 course package to be used during the academic year (Fall, Winter and Spring terms). Package holders can register the first day of registration each term. Package holders can upgrade to a larger package (or non-package holders to a package) during Winter registration if necessary but not during Spring registration. A package cannot be shared.

What do the Photography classes proficiency levels mean? The proficiency levels are to help prospective students match a photography class to their technical ability. Level 1 is for novices/beginners with limited experience. Level 2 is for hobbyists/aspiring photographers who are familiar with the principles of photography, camera operations and basic post processing. Level 3 is for advanced photographers with high competence with the principles of photography, camera operations and post processing.

Staff

Director.....	Nancy Kennedy 864.294.2979
Associate Director	Susan Rae 864.294.2939
Program Coordinator Instruction	Pam Roberson 864.294.2938
Program Coordinator Enrichment.....	Heidi Wright 864.294.2997
Program Coordinator Communications....	Jessica Justice 864.294.2110
Office Manager	Erick Ayers 864.294.2141
OLLI Office	864.294.2998 olli@furman.edu

Refund Policy

Term fees are refundable through the end of the second week of classes. After the end of the second week, no refunds will be given. An administrative charge of \$10 will apply to any dropped courses unless you switch to another course at the same time. If an entire membership and/or all classes are dropped, there will be a \$25 administrative charge. **Note: For all cooking and four-week classes, term fees are refundable through the end of the first week only.**

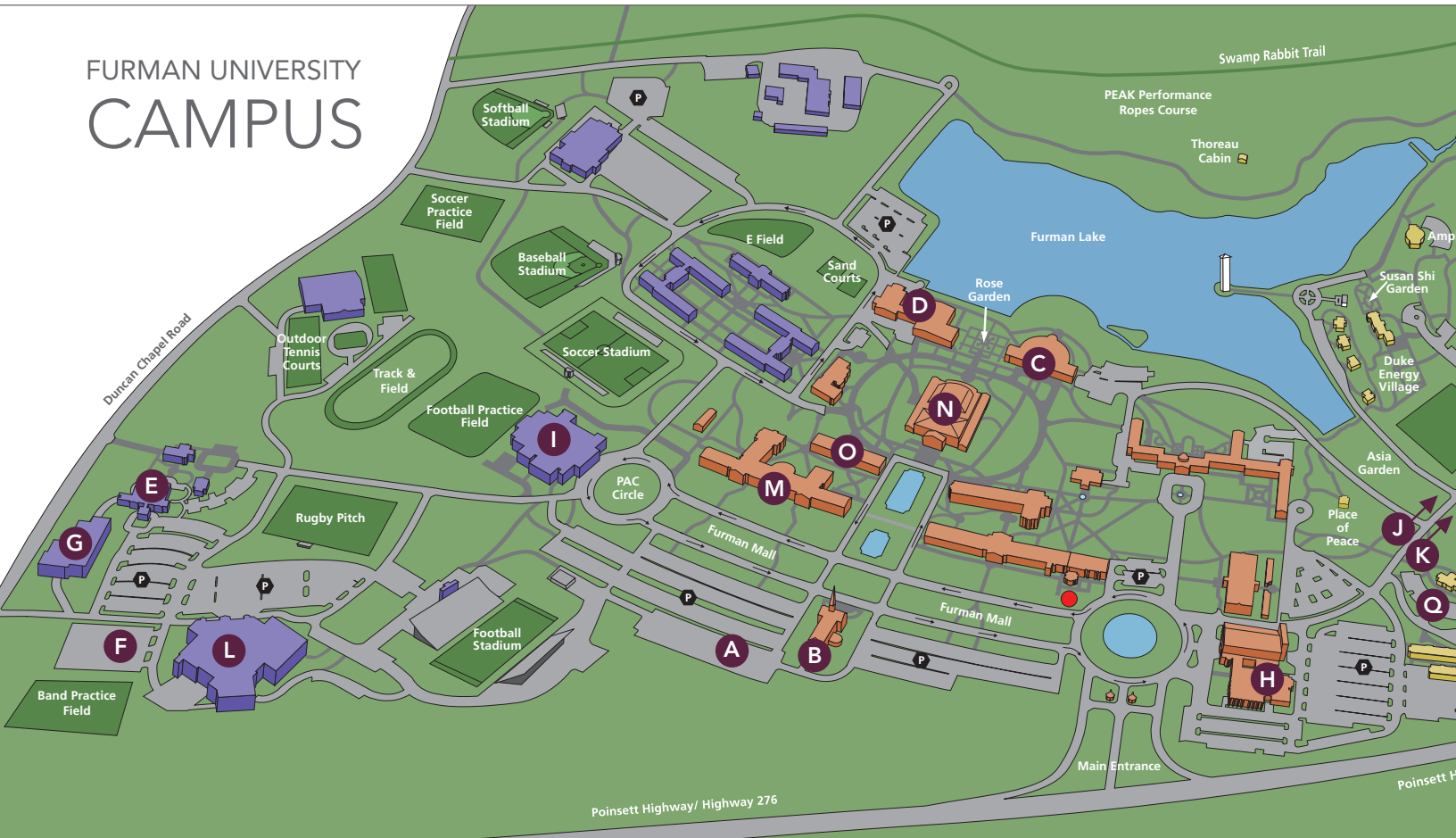


Current Annual Membership Benefits

- OLLI members receive weekly OLLI Notes and the quarterly newsletter, OLLILife, which keep you updated on OLLI, Furman, and Greenville-area events.
- Members receive early notice of course brochure postings.
- Members may register for free Friday Bonus Events.
- Members have access to the OLLI's Marvin Book Nook in Manly Lobby.
- Members are invited to participate in OLLI Social Events, Read and Explore with OLLI, and other special offerings.
- Members may use the computer lab when available.
- Members receive discounts for events on campus, PAC memberships, and at the Furman Golf Course with your OLLI nametag.
- Members have access to the Furman library.
- Enjoy meals in the Furman dining hall (Monday-Friday only for \$8.50 with your OLLI nametag during months OLLI is in session).



FURMAN UNIVERSITY CAMPUS



Legend

- A.** Chapel Parking Lot
- B.** Daniel Chapel
- C.** Daniel Dining Hall
- D.** Trone Student Center
- E.** Younts Conference Center

- F.** Parking Lot for hiking groups (HPL)
- G.** Herring Center for Continuing Education
- H.** Daniel Music Building
- I.** Physical Activities Center (PAC)

- J.** Road to North Village, J Building & Tennis Courts
- K.** Road to The Woodlands
- L.** Timmons Arena
- M.** Townes Center/ Rinker Hall/Plyler Hall

- N.** Duke Library
- O.** Riley Hall
- P.** Parking
- Q.** Police Department (Estridge Commons)

Please note that classroom assignments are subject to change. Participants will be notified of change via email or phone call.

Directions to Herring Center

Traveling north on Poinsett Hwy toward Furman University, you come to a stoplight with a Publix on your left. Take the next exit, which has a Timmons Arena & Paladin Stadium sign, to the RIGHT. TURN LEFT off exit onto Old Buncombe Rd. (follow signs to

Timmons Arena and Paladin Stadium). TURN RIGHT at traffic light onto Duncan Chapel Road. Travel approximately ¾ mile. TURN RIGHT into first Furman University gate. The Herring Center will be the first building on the left.